

TALK OF THE TRAILS

JULY - SEPTEMBER 2024 ISSUE

Independence

GRILL & CHILL
4th of July Pool Party!

Labor Day PARTY

Kick Off the
Summer Music Series with
THE ROYZ BAND
and **THISTLE
& LACE BAND**

RocOpraNatra
MUSIC FEST!

CONTACT INFORMATION

VALENCIA TRAILS

11880 Majestic Trails Blvd, Naples FL 34120

Clubhouse Main Line

239-359-6950

GRS Community Management Hours

9 a.m. – 5 p.m. Mon - Fri

www.valenciatrailshoa.org | valenciatrails.thundertix.com

Property Manager

Lori Nixon | lnixon@grsmgt.com

Lifestyle Director

Michelle Wedlake | mwedlake@grsmgt.com

Club Facility Manager

Stephen DiGuardi | sdguardi@grsmgt.com

Administrative Assistant

Frances Monegro | fmonegro@grsmgt.com

Resident Services Specialist

VTresidentservices@grsmgt.com
Bryce Nelson | bnelson@grsmgt.com

GATHER RESTAURANT & BAR

Food & Beverage Director

Dana Roberson
Dana@gathertrails.com

Executive Chef

Debra Bicknese
debra@gathertrails.com

TOTAL HEALTH SYSTEMS

Fitness Operations Director

Marni Rudnick | info@totalhealthsystemsinc.com

RACQUET CLUB & BOCCE

Director of Racquets and Bocce

Doyle Springett
Valenciatrailshop@gmail.com

THE SPA AT VALENCIA TRAILS

Owner

Christin Bones | admin@u-topiaspa.com



New Homeowner ORIENTATIONS

New residents are invited to attend an orientation session with the GRS Community Management team. You will learn all the ins and outs to using the amenities, programs, web systems, property questions and more. Residents are required to be closed on homes and to RSVP in advance to vtresidentservices@grsmgt.com.

1st Wednesday of Every Month

11 a.m. | Social Hall

***July 3rd | August 7th | September 4th**

***July 3rd will be held at Arts & Crafts Studio**

Save the Dates 2024

Market Days for **Better Than a Bistro** and **Fresh Catch Fish Company** can be found on the calendar. They will be on-site all summer long and as always, you can order directly from them at any time you have a need!

COMING IN AUGUST:

The Valencia Trails 2024-2025 Show Guide!

Arrgh You Back Mate?

October 19th

A Veteran's Day Concert

- Salute to the Troops! | November 11th

New Years Eve - Pop, Clink, Fizz!

What a Bubbly New Year It Is | December 31st

**Disclaimer: all events and activities are subject to change and additional activities and events may be added to the calendar. Effective June 1, 2024, events have a hard deadline of one week (7 days) unless otherwise stated so that all vendors can plan accordingly and deliver our residents and each other, best-in-class customer service! You will not want to miss out! Sign-up Early!*



A Message from Your

PROPERTY MANAGER | Lori Nixon

This year is flying by, and we continue to see new faces at the clubhouse! Valencia Trails has so many wonderful amenities and amazing events for all. I hope everyone is enjoying everything your beautiful community has to offer!

We are currently in the dry season and due to the lack of rain, irrigation has been increased to 120 percent. This increase in run times is only a supplement to the rain and the amount of water used to irrigate is enforced by Collier County. This amount of water may not be sufficient in times of dry stretches and additional watering may be needed by homeowners to ensure sod and plantings are receiving sufficient water. Always water sod and plants toward the evening to achieve the maximum benefit.

Hurricane Season began June 1st and runs through November 30th, with August and September being the most active months for tropical storms. If you are a seasonal resident, prior to heading North please make sure your lanai and pool furniture is secure along with any items that could potentially become flying objects during a storm. The HOA is only responsible for securing the common areas, residents are responsible for securing their single-family homes.

Please keep in mind that hurricane shutters must remain open unless there is a hurricane warning or watch.

Stay safe!

Lori Nixon

Property Manager (LCAM, CFCAM)



A Message from Your

HOA PRESIDENT | Tambra Wolfe

It's hard to believe summer is here! The year is just flying by. You may have noticed; we are in the process of building the 3rd pavilion along the walking trail on Windemere Trails. This will be a nice spot to take a break and/or to meet up with friends as you head out for a stroll. The lifestyle at Valencia Trails is second to none and continued through season and spring with comedy shows, dance bands, block parties, art, cooking, fitness classes, pickleball, bocce and more. There is something for everyone and our residents are truly living their best lives at Valencia Trails!

We are quickly approaching the sellout of this beautiful community with more than 780 homes sold project to date.

During the last quarter, we have closed another 120 homes bringing us to 653 homes closed. Valencia Trails is shaping up beautifully!

Although we are 94% sold out, there is still time for your family and friends to make Valencia Trails their home. We have quick delivery homes ready to move to and beautiful homesites available for sale. Don't miss this opportunity to be a part of this special community.

Cheers!

Tambra Wolfe

HOA President



A Message from Your

LIFESTYLE DIRECTOR | Michelle Wedlake

It has been a pleasure meeting many of you and I am grateful to be a part of the dynamic team here at Valencia Trails. These past few months were spent getting settled and I am thankful to our HOA team, especially Bryce Nelson for helping me get up to speed so quickly.

Together we look forward to continuing to serve the community and providing residents with the opportunity to enjoy a diverse and robust Lifestyle Program. This edition of the Talk of the Trails newsletter will not disappoint! Be sure to check out the list of

clubs as we have added several more since last quarter! Thank you to all the club leaders for their time and commitment to their clubs and to our awesome community.

"Alone we can do so little; together we can do so much!"
- Helen Keller

Make it a great day!

Michelle Wedlake

Lifestyle Director

July EVENTS



Dolphin Watch/Eco Shelling Tour – A great family adventure!

Friday, July 5th | 1 pm – 4 pm
Pure Florida 1200 Fifth Ave., S.

\$89.74 - Adult | \$65.30 - Under 13

(Incl Trip, Fuel and Tax) Maximum 30 | Deadline June 25th

This is the best combination tour of cruising Naples Bay to see some mansions, get up close to nature as you pass by island mangrove forests that outline our coast and slow down to see the dolphins and manatees that call our waterways home. This tour is perfect for the environmental enthusiast who enjoys a comfortable ride, appreciates all the natural beauty that surrounds our coastline and enjoys historical and ecological narration provided by our Captains. A highlight of this experience is our stop on Keewaydin Island. There, you can take a walk along the soft white sand beach, collect seashell treasures to bring home or dip your toes in the gorgeous Gulf Waters.

Time to Sparkle!

Ladies Summer Holiday Shopping Event

Wednesday, July 3rd | 11 a.m. | Social Hall | FREE

Join us for an afternoon of summer fun and shopping with Karyn's on-site Vendor Events. Shop many local vendors while enjoying the summer vibe! Fashions brought to you just in time for the 4th of July holiday! Complimentary refreshments including infused water, lemonade or iced tea for your enjoyment!



Independence GRILL & CHILL

Thursday, July 4th | Noon – 3 pm
Resort Pool Deck/Social Hall | **\$35.00**

Minimum 120 | Deadline June 27th

Don't miss out on the ultimate Fourth of July pool party extravaganza that includes poolside music by DJ Rodney! Dive into a day of fun and festivities as we celebrate America's birthday in style. Join us poolside for a red, white, and blue bash that's sure to make a splash!

Menu: Pulled Pork, Chicken Thighs, Mac & Cheese, Potato Salad, Corn on the Cob, Red, White and Blue Cupcakes and infused water.

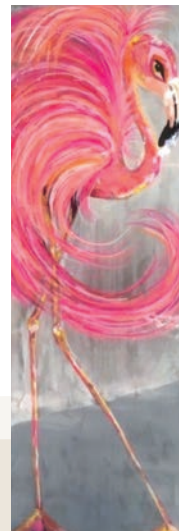
There will be indoor and outdoor seating available. Pool Side Bar Service open to all residents and guests.

Organizing Basics

Tuesday, July 9th | 6:30 pm | Arts & Crafts Studio

FREE *Deadline July 8th*

In this motivating, fun, and energizing presentation, Kristin will discuss the basics of organizing! There's so much more to getting organized than decluttering a space and getting it organized – it's much deeper than that! Kristin will walk you through the entire process from clearing the mental clutter, getting past the feeling of being overwhelmed, tackling your projects, and maintaining your organization. At the end of this presentation, you'll have a clear plan in place to tackle the projects you've been wanting to get to but haven't had the tools or motivation to get started! Refreshments will be served, and everyone gets a chance to win the door prize!



Wood Painting Craft Class

Thursday, July 11th

4 pm | Arts & Crafts Studio | **\$55**

Minimum 7 • Max 35 | Deadline July 4th

Create a masterpiece with this fun, step-by-step, acrylic painting class offered by local artist, Jen Norqual, owner of Docks by Jen at Tin City. Jen was just featured on HGTV for her three-dimensional art. No experience needed and all levels welcomed! We will be painting a flamingo on a board which is great lanai art! All supplies and instruction included. Enjoy a complimentary glass of wine, iced tea or lemonade and lite snack.

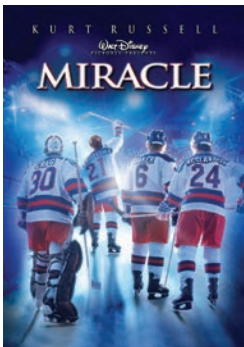
Reservations are required for all events. To RSVP, go to www.valenciatrailshoa.org or visit Resident Services.



Bark on the Arc

Saturday, July 13th | 8 am – 11 am
Pure Florida 1200 Fifth Ave., S. Naples
\$69.78 per person (Incl Trip, Fuel and Tax)
One dog per adult – Dogs ride for FREE
Maximum 16 | Deadline July 1

Dog lovers can't miss this opportunity to cruise with their dogs! Puppy pals and their parents will enjoy cruising the waters to Keewaydin Island for some fun island playtime! Pure Florida provides doggy shelling bags with waste bags, water, healthy dog treats and a tennis ball.



Movie Night: Miracle

Tuesday, July 16th
7 pm | Social Hall | FREE
Deadline July 15th

Miracle is a 2004 American sports film directed by Gavin O'Connor and written by Eric Guggenheim and Mike Rich. It is about the U.S. men's ice hockey team, whose gold medal

victory in the 1980 Winter Olympics over the heavily favored Soviet team was dubbed the "Miracle on Ice". Kurt Russell stars as head coach Herb Brooks with Patricia Clarkson and Noah Emmerich in supporting roles. Complimentary water, lemonade and popcorn.

Shredding Event

Wednesday, July 17th | 10 am
Clubhouse Parking Lot | \$15
Minimum 50 – Deadline July 10th



Have old papers and documents that you are piling up and want to get rid of in a confidential and easy way? Come to our shredding event where YOU can shred as MUCH paper as you want! The truck will be here for 3 hours and will shred any paper you bring! Take your tips you learned from our organizing seminar with Kristen and de-clutter your paper!

Down to Earth Seminar

Wednesday, July 17th

11 am | Social Hall | FREE | Deadline July 16th

Down to Earth will be providing an update to the community on landscaping, irrigation, trimming, and more! Stay tuned for a Q & A at the end of the seminar and a chance to ask questions about individual lots

Community Knife Sharpening Event

Thursday, July 18th | 1 pm – 4 pm

Mailbox Pavilion Parking Lot | \$7 per knife

Mobile sharpening services. All sharpening done on site. Drop off and pick up later. Services kitchen knives, serrated knives, filet knives, pocketknives & more!



Thistle & Lace Band

Saturday, July 20th
8 pm | Social Hall | \$30 | Deadline July 19th

Jon is a music industry veteran, with more than 30 years' experience, most notably being the founder and original member of Street Corner Symphony, from the NBC hit television show, "The Sing Off". Jon has performed with Neil Diamond, Allison Krause, Ben Folds, Nicole Scherzinger, Nick Lachey, and Shawn Stockman. Ashley is a musical theatre veteran, with 15 years' experience under her belt, giving her outstanding showmanship and energy. Together, Jon and Ashley create beautiful harmonies and infectious stage presence and energy!

Gather Social Hall bar service available for purchase during the performance. Dance Floor and table seating.

Reservations are required for all events. To RSVP, go to www.valenciatrailshoa.org or visit Resident Services.

August EVENTS



Music Bingo Tuesday, July 23rd 6 p.m. | Social Hall | \$25

Get ready to groove and have fun with our electrifying Music Bingo event! It's bingo like you've never experienced before, where numbers take a backseat to the beats. Join us for an evening of music, fun, and fantastic prizes as we put a musical twist on the classic game. Approximately 7 games in 90 minutes. One card per game. Complimentary iced tea, lemonade, water and popcorn.



Nacho Average Taco Tour – Chauffeured Saturday, July 27th | Rain or Shine 4:30 pm | Pick-up/Drop-off VT Clubhouse | \$128.00

Minimum 6 – Maximum 14 | Deadline July 20th

The original taco tour of Naples – take your tastebuds on a trip to Mexico for half a day and adventure into the hidden gems that only locals frequent to enjoy a generous tasting of foods such as tacos, gorditas, handmade flour tortillas, guacamole, margaritas, and frozen treats.

We will dine on the best dishes from three family-owned, “hole-in-the-wall” Mexican restaurants. Finish out the tour with delicious hand-made ice cream (no, not fried!), in flavors like mango sorbet, dulce de leche, and pistachio. Tour itineraries vary and are set daily, depending on their availability. Every stop offers an authentic dish and experience. GF or Vegetarian diets accommodated. Contact Michelle Wedlake, Lifestyle Director, ahead of time with all allergies when booking. (Included: all food and non-alcoholic drinks, friendly guide and driver and Mexico in Naples Map)



A Night of Laughs with Comedian Al Ernst Sunday, July 28th 8 pm | Social Hall | \$25.00 (plus tax) *Deadline July 27th*

Al Ernst has been named Carnival Cruise Lines “Entertainer of the year.” which is saying something when Carnival fills more than 5,000 entertainment gigs a year. Al has performed hundreds of corporate gigs over the years, which he credits to his ability to combine rudimentary motivational speaking with non-confrontational humor. He has been a pro wrestling announcer and host of his own show, “A View from the Cheap Seats.” His TV credits include all major networks and cable from CNN, TNN, ESPN, A&E, Comedy Central and HBO.



Succulent Cupcake Workshop with Soul by Janette Dulaney August 5th 11 am | Arts & Crafts Studio | \$40.00 *Minimum 15 – Maximum 30 | Deadline July 29th*

This is a FUN class you won't want to miss! All supplies will be provided by National Award-Winning Cake Sculptor and Food Network Star Janette Dulaney. Janette will teach you how to decorate (3) Succulent Cupcakes. Beginners welcome! Infused water, lemonade and lite snack served.



THE ROYZ BAND Saturday, August 10th 8 pm | Social Hall | \$30 *Deadline August 9th*

The Royz Band performs a unique, exciting and versatile musical mix from their massive repertoire of styles. All music styles are performed with authenticity and artistry, generously mixed with fun and engaging personalities and high energy performance. Whether you want to dance the night away or just watch and listen, The Royz Band always delivers a great night of entertainment! Dance Floor and table seating.

Gather Social Hall bar service available for purchase during the performance.

Reservations are required for all events. To RSVP, go to www.valenciatrailshoa.org or visit Resident Services.



Medicare Mary Seminar

Monday, August 12th

11 am | Social Hall | FREE

Deadline August 11th

Medicare Mary will help you evaluate Medicare plans, inform you of additional options, help you understand different coverages, assist you with enrollment and make unbiased recommendations for you which can save you time and money. Refreshments will be served.



Bonita/Naples Brewery Tour – Chauffeured

Friday, August 23rd | Rain or Shine

4:30 pm | Pick-up/Drop-off VT Clubhouse | \$128.00

Minimum 6 – Maximum 14 | Deadline August 16th

Visit three local breweries, each offering a variety of core and seasonal taps. Immerse yourself in the world of beer with flights and delicious snacks at each stop. Your adventure is in good hands with our expert driver, leaving you free to soak up the fun! Included: Flights and Snacks, Friendly Guide and Driver, Games. Contact Michelle Wedlake when booking if you have any specific food allergies. Accommodated Dietary Restrictions: Vegetarian.



Rebecca's Shopping Trip & Hampton Social

Tuesday, August 20th

2 – 3 pm or 3 – 4 pm

Offsite | FREE

– Separate Dinner

Checks Available

12 max per timeslot for a total of 24 for dinner reservation Deadline August 19th

Rebecca's offers the trendiest lines, perfect for the Southwest Florida lifestyle. With designers like Frank Lyman, Alberto Makali, Ciara Sun Woo and more the possibilities are endless with sizes 2-16 and XS-XL. Rebecca's carries a wide variety of jewelry, handbags and scarves that will match any outfit. Complimentary refreshments. Register to shop from 2 to 3 pm or 3 to 4 pm and then shop neighboring stores. Meet back at Rebecca's for a group photo at 4:10 pm. Then head over to Hampton Social for dinner at 5 pm.

Bank Heist Trivia Night

Thursday, August 22nd | 7 pm | Social Hall | \$20

Minimum 60 | Maximum 96 | Deadline August 15th

The Chicago Police Department has gathered all the evidence that your ace team of detectives will need to analyze in order to identify the bank robber. There will be a series of stations and stops during the game that your team will have to visit in order to collect all of the necessary pieces to help you solve the crime! This elimination-style game can accommodate up to 12 teams and 96 total players max. For each team, we recommend teams of no fewer than 6 and no more than 8 players. There is a minimum of 60 players needed for this game experience.



Life's a Beach Pool Party

Saturday, August 24th

4 pm | Resort Pool Deck/Social Hall

FREE | Registration deadline August 16th

Life's a Beach – Dive into the ultimate poolside paradise with our electrifying Pool Party featuring music from one of our favorite DJ's! Get ready to experience the perfect blend of sun, water, and sensational sounds as we turn up the volume on your summer fun. Gather will be open for food and beverage purchases.

Reservations are required for all events. To RSVP, go to www.valenciatrailshoa.org or visit Resident Services.

Deep Sea Fishing



Sunday, August 25th

8 am | Pure Florida | \$162.00 (includes tax + fees)

Maximum 10 | Deadline August 11th

M/V Sea Flight welcomes guests aboard 4-hour Deep Sea Fishing Trip departing from Historic Tin City Docks in Naples, Florida out to the plentiful waters of the Gulf of Mexico. Fishing aboard M/V Sea Flight offers MORE TIME FISHING than any other fishing boat in the region! Approximately 2 hours of fishing time up to 20 miles offshore. There are a variety of fish we target depending on the season; however, we aim for Grouper and Snapper. With the increased power of M/V SEA FLIGHT and latest state-of-the-art fish finding navigation, Pure Florida's experienced Fishing Captains will find the best fishing spots in the fastest time! We look forward to you experiencing a Fishing Trip aboard M/V SEA FLIGHT! **Don't forget, when you fish with Pure FLORIDA everything is included: license, bait, tackle, rods, reels, and cleaning!**



Organize Energize Your Closet!

Tuesday, August 27th

6:30 pm | Arts & Craft Studio | FREE

Deadline August 26th

When was the last time you emptied your entire clothes closet? Does your closet need an overhaul? Tired of looking at the clutter in your closet? Kristin will take you on a journey through your closet and give you all the tips you need to get unstuck, motivated, organized, and energized to tackle your closet! This presentation will not just help you transform your space, but how you feel every time you open your closet doors! Refreshments will be served, and everyone gets a chance to win the door prize!



Movie Night: Grease

Thursday, August 29th

7 pm | Social Hall | FREE

Deadline August 28th

Good girl Sandy Olsson and greaser Danny Zuko fell in love over the summer. When they unexpectedly discover they're now in the same high school, will they be able to rekindle their romance? Gather bar service provided in the Social Hall for purchase available 15 minutes prior to show time. Complimentary water and popcorn.

September EVENTS

Labor Day Party

Monday, September 2nd

Noon | Resort Pool Deck/Social Hall | \$35.00

Minimum 120 | Deadline August 26th

Come one, come all to the Labor Day Pool Party! Join us as we celebrate the hard work and dedication of workers everywhere! It's time to kick back, relax, and soak up the last rays of summer sunshine!

Menu: Beef, Shrimp, Chicken and Veggie Kabobs, Rice, Watermelon Arugula Feta Tomato & Mint Salad, Elephant Ears and infused water.

There will be indoor and outdoor seating available. Pool Side Bar Service open to all residents and guests.



Reservations are required for all events. To RSVP, go to www.valenciatrailshoa.org or visit Resident Services.



FUN | FOOD | FRIENDS
NFL Kickoff Tailgate Party

September 5th
 6:30 pm | Social Hall | FREE
Deadline to register August 30th

Gather Special Menu and drink service for purchase. Wear your favorite team jersey! Games, Door Prizes and more!



Grandparent's Day Bingo

Monday, September 9th
 6 pm | Social Hall | \$15.00
Minimum 50 | Deadline September 2nd

Gather 'round, young and young at heart, for a delightful game that bridges generations! Join us for Grandparents and Grandkids Bingo, where cherished memories meet the thrill of competition in an atmosphere brimming with love and laughter. Complimentary iced tea, lemonade, water, and popcorn!



Highland Cow Cupcake Workshop with Soul by Janette Dulaney

September 12th | 11 am
 Arts & Crafts Studio | \$40.00
Minimum 15 – Maximum 30 | Deadline July 29th

This is a FUN class you won't want to miss! All supplies will be provided by National Award-Winning Cake Sculptor and Food Network Star Janette Dulaney. Janette will teach you how to decorate (3) Highland Cow Cupcakes. Beginners welcome! Infused water, lemonade and lite snack served.

**ROC
 OPRA
 NATRA**



Saturday, September 14th | 8 pm | Social Hall | \$35 *Deadline September 13th*

When Brian Roman, Christopher Dallo, and Danny Scott emerge onto the stage, a joyful concert experience is about to begin. Magic happens when these three charismatic entertainers smoothly fuse their unique Rock, Opera, and Crooner singing styles with interactive banter into an elevated, captivating performance. Their aim is to entertain the audience with a special uplifting show long to be remembered. Dance Floor and table seating. Gather Social Hall bar service available for purchase during the performance.

Reservations are required for all events. To RSVP, go to www.valenciatrailshoa.org or visit Resident Services.



Naples Botanical Garden Guided Tour

Tuesday, September 17th

9 am | Offsite | \$35

Minimum 15 | Deadline September 9th

Step into a realm where nature's palette blooms in vibrant hues and tranquility whispers through the foliage. The Naples Botanical Garden Tour invites you to embark on a sensory journey, where each step unveils a tapestry of scents, colors, and textures! This is a 60-minute guided tour. After the tour, enjoy retracing your steps to sections of the garden where you may want to spend more time or grab a bite to eat at their restaurant before stopping by their amazing gift shop where you will enjoy 10% off all items in the Gift Shop!



Naples Sunset Cruise

September 25th | 6:30 pm | Pure Florida

1200 Fifth Ave., S. Naples | \$60.24 (Incl Trip, Fuel and Tax)

Maximum 20 | Deadline September 11th

You'll board the Double Sunshine and experience spectacular sunsets while you relax with the breeze in your hair, while sipping on a refreshing beverage. Check out the luxurious mansions and take in the amazing sights Naples Bay and Port Royal have to offer. Your captain will stop the vessel at sea for a few moments to allow you to watch our glorious sunset and the reflection on the water. Once the sun has dropped over the horizon of the Gulf of Mexico, you will see the beautiful colors in the sky, and we recommend that you take as many photos as you can to remember your experience. This sunset tour is perfect for a romantic date as well as a fun adventure for a group of friends. If you're lucky, you'll even be able to enjoy the occasional dolphins frolicking alongside the boat. Complimentary water. Drinks available for purchase.



September Sunday Funday Happy Hour

Sunday, September 22nd

4 pm | Outdoor Bar | \$5.00

Deadline September 16th

Get ready to turn your Sunday into a Funday with our jumping into fall Happy Hour! Join us as we cap off the weekend in style with drink specials and tasty snacks for purchase, and live music by one of our favorite DJ's! Good vibes all around! Designated area for registered guests at Gather Pool Bar and Resort Pool Deck.



Movie Night: Larry Crowne

Thursday, September 26th

6 pm | Social Hall | FREE

Deadline September 25th

Larry Crowne is a 2011 American romantic comedy film starring Tom Hanks and Julia Roberts. The film tells the story of Larry Crowne, a middle-aged man who unexpectedly loses his job and returns to education. Gather bar service provided in the Social Hall for purchase available 15 minutes prior to show time. Complimentary water and popcorn.



Organizing for Stress-Free Holiday

Tuesday, September 24th | 6:30 pm | Arts & Crafts Studio | FREE *Deadline September 23rd*

Are you planning on having a stressful, chaotic, and unprepared holiday season this year or are you going to coast through well organized and with your sanity intact? The holidays are supposed to be a joyous time to spend with family and friends. Most often, the holidays leave us feeling overwhelmed and stressed. Kristin will take you through ways to get organized and reduce your stress this holiday season! Join Kristin for this informative and motivating presentation. Refreshments will be served, and everyone gets a chance to win the door prize!

A Night of Laughs with Comedian Scott Novotny

Friday, September 27th
8 pm | Social Hall | \$25 (plus tax)
Deadline September 26th



Scott Novotny recently celebrated his 30th anniversary of being a full-time professional stand-up comedian. Over that time, Scott has had people laughing from coast to coast with his clean, non-offensive, very funny observations and humor. Armed with only great comedy material, a wonderful sense of timing, and some physical comedy that is sure to make you laugh, Scott gets the job done and is a joy to watch.

Naples Pizza Wars – Chauffeured

Saturday, September 28th
Rain or Shine | 4:30 pm
Pick-up/Drop-off
VT Clubhouse | \$129.00
Minimum 6 – Maximum 14
Deadline September 21st



You be the judge.... of the most popular pizza places in Naples! Explore the most passionately supported pizzerias in town. Your group will be picked up and chauffeured to the three strongest contenders: **ZZA Baby** in the Mercato, **Pizza Jones** at Bayfront, and finally **Baci Pizza** on the East Trail. Generous tastings (plus bonus bites!) await you, including a delightful, sweet surprise at the end. Included: Food and non-alcoholic drinks, friendly driver and guide, Pizza Scorecard. Contact Michelle Wedlake when booking if you have any specific food allergies. Accommodated Dietary Restrictions: Vegetarian.

Wine Glass Etching Craft Class

Monday, September 30th
2 pm | Arts & Crafts Studio
\$45 Minimum 8 | Deadline September 23^d



Learn the simple & fun way to etch glass. The class costs \$40 and lasts about 90 minutes (about 1 and a half hours). You will receive 2 wine glasses to etch. All materials are provided. Participants have the option of making wine glass charms for an additional \$5 each. You'll leave the class with a beautiful & unique pair of wine glasses to use yourself or to give as a special, hand-crafted gift. These are perfect hostess gifts & holiday gifts, plus they're dishwasher safe! Enjoy a glass of wine, lemonade or iced tea and a light snack.

Lifestyle Happily Announces Summertime Fun Food Truck Tuesdays!



Join us in the clubhouse parking lot on Tuesdays July, August and September. A different truck announced weekly along with their menu and hours!

Every Tuesday, visit the Food Truck and be entered into a weekly drawing to win 4 FREE Burgers from Bob and Kathy & Better Than A Bistro!

BETTER BISTRO



978.609.0074

thank you

Prize pick up on their Market Days
7/5, 7/19,
8/2, 8/16, 8/30,
9/6, 9/20, 10/4

Weekly winners are entered into a final end of Summer drawing for a chance to win a FREE CASE of Steak, Chicken or Seafood!





GATHER

RESTAURANT & BAR



LUNCH

NEW Wednesday – Grab & Go Food
with Full-Service Bar | 11 a.m. – 5 p.m.
Thursday - Sunday | 11 a.m. – 5 p.m.

DINNER

Thursday - Saturday | 5 p.m. – 9 p.m.

OUTDOOR POOL BAR

Thursday - Saturday | 11 a.m. – 9 p.m.
Sunday & Wednesday | 11 a.m. – 5 p.m.

HAPPY HOUR

Thursday - Saturday | 4 p.m. – 6 p.m.
Sunday | 11 a.m. – 5 p.m.

**LOOK FORWARD TO A NEW MENU
COMING IN OCTOBER!**

Gather Brunch

Every Sunday | 11 a.m. – 2 p.m.

Gather Fridays

1ST FRIDAY OF THE MONTH

Asian Night

2ND FRIDAY OF THE MONTH

Mexican Night

3RD FRIDAY OF THE MONTH

Spanish Tapas Night

4TH FRIDAY OF THE MONTH

Southern Cuisine

The specific special will go out on Tuesday
for the following Friday!



EVERY THURSDAY WINE & CHEESE PARTY

All Wines by
the Bottle 30% Off
& Cheese Boards



SATURDAY BUTCHER BLOCK NIGHTS

Butcher Block Nights will feature prime rib, lobster,
Chef's choice signature cut, and live music
from 5 – 8 p.m. Menus for specific nights will be
available in the weekly Gather update eblast.



CHEF DEBRA'S COOKING CLASSES

Mother Sauces

Sunday, August 18th
2 p.m. | Cooking Studio | \$45

Registration deadline: August 14
Participation: Minimum 12 – Maximum 18

How to make hollandaise, demi-glace, tomato, volute, and bechamel. Snacks and adult beverage provided.

Knife Techniques

Sunday, September 8th
2 p.m. | Cooking Studio | \$45

Registration deadline: September 4
Participation: Minimum 12 – Maximum 18

Learning knife techniques including slicing and diced various vegetables, brunoise, chiffonade, tourne, oblique, and Chinese julienne technique. Snacks and adult beverage provided.

Learn to Butcher Like a Pro

Sunday, July 21st
2 p.m. | Cooking Studio | \$45

Registration deadline: July 14
Participation: Minimum 12 – Maximum 18

Break down a whole salmon, ribeye, whole chicken & lobster tails. Snacks and adult beverage provided.

Reservations are required for all events.

Kentucky Derby Block Party • Run for the Roses





Enjoy a complimentary tea, infused water, mimosa or champagne with any service!

July Specials



Red, White, & Deep Blue-Berry Facial | \$140

Dry, dehydrated skin will be transformed with a complex blend of hydrating peptides and botanicals to infuse critical hydration into the skin and plump up fine lines and wrinkles.

Includes Australian Super-Berry Antioxidant mask and Blueberry & White Tea hydrating mist.

The All-American Patriot | \$140

Full body customized massage combining Swedish and Deep Tissue techniques. Includes a back exfoliation followed by warm stones, and a warm foot compress.

Firecracker Brows | \$85

A semi-permanent, non-invasive service that relaxes coarse and unruly brow hairs to lay flat and in the same direction for sculpted and fuller looking brows. Includes wax and tint.

Military Discount

Enjoy a 10% discount on any service for military personnel, a "thank you for your service" from us at U-Topia Spa!

COOLA
Mineral Sun Silk Creme
Sunscreen
SPF 30
Broad Spectrum UVA/UVB Protection

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Mineral Sun Silk Creme
Sunscreen
SPF 30
Broad Spectrum UVA/UVB Protection

COOLA

Wednesday, July 3rd | 11 am - 2 pm | Social Hall

Come shop our sunscreen brand at the Ladies' Summer Holiday Shopping Event!

The Spa at Valencia Trails Tuesday – Saturday by Appointment | 10 am - 5 pm

August Specials



Includes a complimentary watermelon mimosa

The Works Pedicure | \$70

Extra cuticle care, callus treatment from Sasha footwear and use of e-file. Put the "pretty" back into your feet!

Raspberry Enzyme Facial | \$125

This brightening enzyme contains red raspberry seed extract designed to deliver essential antioxidants and brighten the skin. The gentle exfoliation of natural papaya and pineapple enzymes will effectively polish and rejuvenate resulting in a healthy glow.



Brow and Lip Wax | \$40

Hair removal using a waxing method of unwanted hair from the lip and eyebrows.

September Specials

The Real MVP | \$110

A deep tissue massage using medium-firm pressure with use of forearms, elbows, and knuckles. Guaranteed to leave you relaxed and ready for the football season!



Autumn Breeze Blowout

Short: \$45 | Med: \$55 | Long: \$65

Indulge in a luxurious experience including shampoo, blowdry, and style. Let our stylist transform your hair into voluminous luscious locks!

"Fall" in Love with your Nails

\$55 or \$70 with extensions

CND gel enhancement manicure that provides strength, architecture, and the ability for your nails to grow to moderate/long length.

TO MAKE AN APPOINTMENT



Call 239-359-6950 ext 5

Or by scanning the UPC code

Blowout Event



**Friday, August 16th
12-3 pm | The Spa | \$40**

This service is a treatment where your hair is washed, blow-dried, and styled using various techniques to achieve a smooth, voluminous, and polished look. Whether it's a special occasion or a self-care treat, this hair service is your ticket to fabulous hair that is sure to turn heads!



Tea Party

**Wednesday, September 18th
12-3 pm | The Spa | \$25**

Join us for a happy hour to try our delicious & organic teas! Enjoy a whipped Pumpkin Face Mask, followed by a relaxing visit to the steam room. Sip on our delicious tea and learn about all the benefits!

FITNESS Programs



A Message from Marni Rudnick

FITNESS OPERATIONS DIRECTOR

When you look good, you feel good. Fitness allows us to look good and therefore we feel good. Fitness must be a part of your daily life. We are here to help you accomplish this goal. Whether you prefer to take a group fitness class, work out one on one with a personal trainer or just go for a walk. You got this!

On behalf of our entire team, thank you for continuing to show up, for yourself and for each other.

Marni Rudnick
Total Health Systems

PERSONAL TRAINING

Train with your spouse and/or a friend to motivate each other and have fun while working out!

30-minute packages:

3 sessions: \$150 (\$50/session)
10 sessions: \$450 (\$45/session)

1-hour packages:

3 sessions: \$210 (\$70/session)
10 sessions: \$650 (\$65/session)
15 sessions: \$900 (\$45/session)

FREE Equipment Clinics

July 16th | 10:30 a.m.
August 21st | 12 p.m.
September 6th / 10 a.m.

Space is limited to 20 participants per session. Register on Total Health Systems website.

Fitness Attendant Hours

- Monday: 9 a.m. – 12 p.m.
- Tuesday: 8 – 11 a.m.
- Wednesday: 1 – 4 p.m.
- Thursday: 10 a.m. – 1 p.m.
- Friday: 8 – 10 a.m.
- Saturday: 9 – 10 a.m.

JULY - SEPTEMBER CLASS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Full Body Strength Training: 8:00 a.m.	Dance Fit: 9:00 a.m. Yoga: 10:30 a.m. Zumba: 6:00 p.m.	Full Body Strength Training: 8:00 a.m. Aqua Fit: 10:30 a.m.	Dance Fit: 9:00 a.m. Yoga: 10:30 a.m.	Aqua Fit: 10:30 a.m.	Chisel & Tone: 10 a.m.

CLASS DESCRIPTIONS

Aqua Fit: Interval, strength, and cardio training in the pool. You will utilize noodles and aqua dumbbells to get a full body workout all to upbeat music. Whether you are a beginner or expert, you will be sure to get a great workout.

Dance Fit: Join the fun in this class. We mix addictive music with low-intensity and high-intensity moves for an interval style, calorie burning dance fitness party.

Chisel & Tone: Full Body sculpting class where you tone and sculpt your body using weights to target all the major muscle groups.

Full Body Strength Training: Full body strength this class is designed to fire up all major muscle groups working towards lifting! Build and maintain muscle mass and help protect your bone density

Yoga: In this Vinyasa class, the basic foundational yoga postures are practiced to align, strengthen, and promote flexibility in the body. Breathing techniques and meditation are also integrated. You can expect an emphasis on simplicity, repetition, and ease of movement.

Zumba: Take the work out of work out by mixing low intensity and high intensity moves for an interval-style calorie burning dance party!

NEW CLASS REGISTRATION OPTIONS

Single Class Registration

If you would like to continue signing up for a specific class for the month, sign up as usual. Your space in the class will be automatically reserved for you.

BYO Variety Pack of Classes

If you would like to try different classes over the month, purchase a variety package of either 5 or 10 classes. After you pay for a class package, you will be able to register for the individual classes you would like to attend. This creates your reservation for a space in that class. Packages expire at the end of every month, so be sure to select the classes you'd like to attend.

5-pack - \$30 | 10-pack - \$50

WORKSHOPS @ THE FITNESS CENTER

Balance and Stability

Tuesday, July 9th | 10 a.m. | FREE

Strength Training and Your Overall Health

Thursday, August 8th | 10 a.m. | FREE

The Importance of Cardiovascular and How to Build It

Friday, September 20th | 10 a.m. | FREE

Fitness Registration Reminder: *Note: Times and classes are subject to change.* Registration for classes opens the 2nd Thursday of every month for the following month. Don't forget to use the "2nd Class" discount code for \$5 off when you register for more than one class. BYO Variety Packages expire at the end of each month.

Sports &

RACQUET CLUB



The Pro Shop Hours of Operation

July - September | Monday - Friday | 8 a.m. - 1 p.m.

A Message from Your



DIRECTOR OF RACQUETS & BOCCE | Doyle Springett

Doyle Springett is looking forward to joining the team on July 1, 2024. Doyle is an Australian native who grew up in Wollongong, a town just south of Sydney. He has been in the United States since 2008 where he played college tennis in the state of Oklahoma, graduating with a bachelor's in education. Doyle started playing tennis at the age of 8. He was the assistant director at Parkland Golf and Country club since 2019 and in recent times has been the Director of Esplanade Golf & Country Club and a part of the Cliff Drysdale team for 15 years. His hobbies include golf and surfing, and his favorite food is sushi. Doyle looks forward to meeting everyone and developing a dynamic sports program for Valencia Trails' Racquets and Bocce.

3 and Me's - Daily

\$30 a player

3 and me's are designed for you and your friends to work on the shots and strategies of pickleball and tennis at your own pace, in a group atmosphere for an affordable price! 3 and me's are just that, a group private lesson with you, your friends, and our PPR certified pro. Work around your own schedule and book by email at Valenciatrailsproshop@gmail.com or call 239-359-6955.

Private Lesson Rates – Pickleball, Tennis, & Bocce

\$100 for full hour private

\$75 for 45-minute private lesson

\$50 for 30-minute private lessons

CANCELLATION POLICY Must contact the Pro Shop 24-hours before reservation otherwise you will be fully charged.

**Minto
US Open
Pickleball
Championships**



More than 3,000 pickleball players from all 50 states and nearly 30 countries participated in the Minto US Open Pickleball Championships in Naples from April 13-20. We are proud of our residents – Ellen Levy, Kelly Moore, Tricia Pezzla, Peter Siegel and Isaac Levy – who represented VT with outstanding performances.



Tennis: Drill & Play

Tuesdays | 9 a.m. | \$25 Maximum 6

Come learn tips for improving your game. We will review the fundamentals to help you improve your game. It's a great opportunity for both beginners and advanced players to develop their skills.

Pickleball 101

Mondays & Wednesdays | 10 a.m. | \$25 Maximum 8

Anyone who is new to pickleball and wants a better understanding of the basics are welcome to join us in Pickleball 101. This clinic will focus on learning the pickleball rules, strategies, scoring, and skills to start playing with friends!

Pickleball: Developer Clinic

Tuesdays & Thursdays | 10 a.m. | \$25 Maximum 6

This clinic is for players who are ready to advance their skills to the next level. The focus will be to work on improving the basics of the game. Players should have completed the Intro to Pickleball and know the basics. Work will focus on developing shots, strategies and positioning on the court.

**Pickleball
Shot of the Week**

**Fridays | 9 a.m. | \$25
Maximum 6**

In this class you will learn a new shot every week. We will learn techniques and strategies on how to hit each shot and when to use each shot to improve your game.

- Week 1 | Serve and Stay
- Week 2 | Return and Run
- Week 3 | Volley Placement
- Week 4 | Dink Consistency
- Week 5 | 3rd Shot Drops
- Week 6 | Hard Block Volleys
- Week 7 | 5th Shot Drops
- Week 8 | Review & Shot Selection

Sporting Tips

PICKLEBALL

Tip: Follow the Ball with Your Paddle

A pickleball pro gave a tip. He said pretend the edge of your paddle is a magnet and the ball is a magnet and they're attracted to each other. Wherever the ball goes, your paddle should be there too. What it helps you with is two main things.... First is keeping your paddle up and secondly it helps you track the ball to have your body and head following the point. We can easily get distracted or bored and this little tip will help you be ready for a speed up or reaction volley. Next time you are waiting for the ball to come to you, pretend your paddle and the ball are magnets attracted to each other and you won't get beat so much with your paddle down!

TENNIS

Tip: Cross Court Consistency

Tennis is all about creating a point out of consistent groundstrokes. If you cannot put the ball on the court where you want, it is tough to create any kind of point or construct a well-designed point. In doubles especially, hitting cross court is going to be the bread and butter. This is because you are trying to keep the ball away from your opponent's net player who is attempting to "poach" and take the ball out of the air as a volley to end the point. In doubles tennis but also singles, cross court consistency is a vital skill and strategy for constructing great points and getting up to the net or outlasting your opponent to win the point!

BOCCE

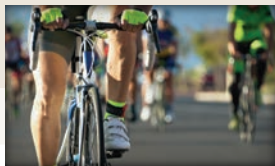
Tip: Roll it like you mean it!

One of the key skills in bocce ball is mastering the roll. Rather than throwing the ball high in the air, focus on rolling it low along the ground. This conservative approach lowers the likelihood of the ball bouncing or moving off course, heightening the chances of landing closer to the pallino. Practice rolling the ball smoothly, changing how fast and which way you should throw it to beat your opponents.

CANCELLATION POLICY Must contact the Pro Shop 24-hours before reservation otherwise you will be fully charged.

CLUBS at Valencia Trails

Get Involved. Join or Create Your Own Club!



Art Club

Nancy Nowak
nancy@nancynowak.com

Backgammon Club (NEW)

Alan Brown
asbrown444@gmail.com

Beginner Mah Jong

Kim Rowe, Karen Murdaugh,
& Amy Mills
Roweka@verizonnet

Biking Club (NEW)

Tom Seidewand
polycore27@gmail.com

Birding Club

Rick Dunning
radirish328@gmail.com

Canasta

Elaine & Burt Weisberg
elw90@comcast.net

Chess

Arnold Zeiger & Jamie Protack
poorwillyzee@gmail.com
jamesprotack@gmail.com

Coin Club

Paul Chiarello
pjchiarel55@gmail.com

The Culinary Crew

Susie Orr
Susieorr14@gmail.com

Dealer's Choice Poker Club

Alan Parsowith
Alanparsowtih@hotmail.com

Euchre Club

Kathy Baier
Kathybaier75@gmail.com

Fiction Book Club

Bette Williams
bettebw@gmail.com

Foods of the World Club

Dr. Gwen Patrone
gwen@gwenpatrone.com

Full Throttle Car Club

Bob Eisenhart
beisenhart52@gmail.com

Gardening Club

Michele Kenney
md.kenney@me.com

The Geek Tech Academy

Debi Piccus
Debi@piccus.com

VT Gives Back

Henry Chin
vtgivesback@gmail.com

Golf Club (NEW)

Mike Huez
mikehuez@gmail.com

Hand & Foot

Mike & Sue Clerkin
Sclerkin18@icloud.com

Hole 19 Golf Club (NEW)

Patti Amonini and Karyn Murphy
Patti.amonini@gmail.com

The Jewish Cultural Club

Phyllis Koss
phyllismw@aol.com

Left, Center, Right

Deb Irons
Debmikearuba@yahoo.com

Living Long, Whole & Happy

Phyllis Koss
phyllismw@aol.com

Intermediate Mah Jong

Marianne Davis
marianne@drugstoremanagement.com

Mexican Train

Sue and Mike Clerkin
sclerkin18@icloud.com

Photography

Abram Starr
Astarr@comcast.net

Pinochle

Ralph Tufano
Tufbut45@gmail.com

(Daytime Ladies) Poker Club

Carolyn Kimmel and Augusta Lombardi
carkimmel@gmail.com

(Dealer's Choice) Poker Club

Alan Parsowith
alanparsowith@hotmail.com

Singles Club

Jamie Protack
jamesprotack@gmail.com

Social Dance Club

Lena Rome and Nijole Valaitis
VTBallroomForFun@gmail.com

Stitch & Share

Phyllis Koss
phyllismw@aol.com

Table Tennis

Richard Schlarb
theschlarb@gmail.com

Texas Hold'em

Don Nowack
donnowakjr@gmail.com

Wine Club

Tony Comito
tony_comito@yahoo.com

CLUB SPOTLIGHT **VTGivesBack**

Members of the VTGivesBack Club volunteering at the Harry Chapin Food Bank in Naples where we visit once a month. Come join us and help us give back to our community!



SNAPSHOTS Valencia Trails

