VALENCIA BONITA BUZZ

COMMUNITY NEWSLETTER FOR VALENCIA BONITA HOMEOWNERS | APRIL — JUNE 2022



The Club at Valencia Bonita is Located at:

16621 Valencia Bonita Boulevard, Bonita Springs, FL 34135

Clubhouse Main Line: (239) 908-0880 GRS Community Management Hours: 9:00 a.m. – 5:00 p.m. Daily

Community Association Manager

Emma Davila-Mondragon Edavila@grsmgt.com or Direct Dial 239.329.5563

Lifestyle Director

Kelly Rhoades

Krhoades@grsmgt.com • Extension 2
or Direct Dial 239.361.2001

Club Facility Manager

Eric Cintra

Ecintra@grsmgt.com • Extension 3
or Direct Dial 239.329.5637

Box Office Attendants

ValenciaBonitaBoxOffice@grsmgt.com
Gracie Burkett (Mon-Thur)
Gburkett@grsmgt.com
Maureen Oreschnick (Thur-Sun)
Moreschnick@grsmgt.com
Extension O

ZEST RESTAURANT

Food and Beverage Director

Charles Shepherd
Charles@ZestBonita.com • Extension 5

Executive Chef

Debra Bicknese
Debra@ZestBonita.Com • Extension 5

TOTAL HEALTH SYSTEMS

Fitness Director

Marni Rudnick info@totalhealthsystemsinc.com 239.224.3477

RACQUET CLUB & PRO SHOP

Sports Director

Chad Edwards 28511 Sicily Loop, Bonita Springs, FL 34135 ValenciaBonitaProShop@gmail.com Extension 8 or Direct Dial 239.221.7104

U-TOPIA SPA

Owner

Christin Bones
Bonesadmin@u-topiaspa.com
Extension 9 or Direct Dial 239.361.2002



A MESSAGE FROM YOUR **HOA PRESIDENT**

We are happy to announce we only have 11 homes left to sell in Valencia Bonita! With over 740 closed homes, we continue to build and grow daily.

Remember when 90% of the 996 homes are closed, we will start the process of turning the HOA over to the homeowners. In the meantime, I am honored to continue be your HOA president. I am so happy to see how many residents are enjoying the beautiful Valencia Bonita amenities. I hope everyone continues to have a great time at the many fun activities here. Have a healthy and happy Spring!

All my best,

Dianna Betancourt

Project Manager and HOA President



A MESSAGE FROM YOUR PROPERTY MANAGER

Dear Residents,

Thank you for your warm welcome into Valencia Bonita. As a Naples local

since 1998, I have served in many HOAs and COAs in the Naples and Bonita area for over a decade. I am here to help answer any questions regarding ACC applications, new homeowners, rules, and regulations, amenity questions, and more. Feel free to setup a time to meet with me to address any concerns you may have by emailing Edavila@grsmgt.com. I look forward to meeting you soon!

Emma Davila-Mondragon

Community Association Manager, LCAM



A MESSAGE FROM YOUR LIFESTYLE DIRECTOR

Get ready for a fun-filled, entertainment packed lineup for April, May, June and beyond! We have many holidays approaching from Easter to Mother's and Father's Day, and an expected

blow-out pool party for our Memorial Day Celebration. Friends and family are always welcome to join in the holiday festivities. With COVID restrictions phasing away, we can anticipate larger crowds at all our events. I would encourage residents to not wait to purchase tickets when new events go on sale as tickets are selling fast. I look forward to another Springtastic year with you!

Kelly Rhoades

Lifestyle Director



Monday, April 18th 2:00 – 4:00 p.m. Parking Lot by Mailboxes

Complete your Spring cleaning and bring your papers to shred at the clubhouse. You can bring up to five boxes worth of materials. Remain in your car and the shredding vendor will help you unload the boxes or bags. No RSVP is needed, just show up to the Shredding truck located in the parking lot by the mailboxes.



Thursday, April 21st 11:00 a.m. – 2:00 p.m. • Social Hall

Enjoy over two dozen local artisan vendors and boutiques to shop for the latest clothes, jewelry, home goods, crafters, art, and more onsite.

Complimentary coffee and cookies served.

RSVPs are not required, just show up ready to shop!



NEW HOMEOWNER ORIENTATIONS

New residents are invited to attend an orientation session with the GRS Community Management team. You will learn all the ins and outs to using the amenities, programs, web systems, property questions, and more. Residents are required to be "closed" on homes and to RSVP in advance to ValenciaBonitaBoxOffice@grsmgt.com.

1st Wednesday of Every Month • 11:00 a.m. April 6th • May 4th • June 1st



Food Truck Tuesdays

May 10th & June 7th 5:00 - 7:30 p.m.

Enjoy a variety of food trucks on select Tuesdays.

Trucks include BBQ, Italian, Mexican,
Seafood, Pizza, Greek, and more!

RSVP is not required. Look for the weekly update to see the trucks and menus.

EVENTS & ACTIVITIES

SPEND YOUR HOLIDAYS WITH US



Cinco de Mayo Fiesta!

Thursday, May 5th 6:00 – 9:00 p.m. • Social Hall \$45+ Per Person

Enjoy a festive evening of sizzlin' food, fun, music, drinks and games. DJ Jay Rigdon will be spinning the beats, Latin Dancers will be turning up the heat on stage, and take your swing at the Adult Pinata. Enjoy an endless buffet of chicken and steak fajitas, pork tamales with chili sauce, chips n' dips with a variety of fresh guacamole and salsas, Mexican red rice, Esquites corn salad, desserts, margarita specials, and more!

Minimum of 100 participants required to host. All sales final. \$45+ per person tickets purchased at valenciabonitahoa.thundertix.com by April 28th.



Hats, Heels, & Dearls

Mother's Day Celebration

Sunday, May 8th 12:30 p.m. • Social Hall \$49+ Per Person

Let's celebrate the women we love and honor all mothers with a fabulous lunch, flute and piano duo, mimosas, and more! Enjoy garden fresh assorted salads, carved beef striploin served with seasonal vegetables, baked salmon, assorted desserts, all while being serenaded by Paul and Carl, a dynamic duo on the Piano and Flute.

A complimentary mimosa is included

in the ticket price. All moms receive 20% OFF all day at the Poolside Bar on additional beverages.

Minimum of 100 participants required to host. All sales final. \$49+ per person tickets purchased at valenciabonitahoa.thundertix.com by May 1st.





Memorial Day BBQ & Pool Party

> Monday, May 30th 1:00 – 4:00 p.m Social Hall & Pool Deck \$35+ Per Person

Enjoy an All-American BBQ while
DJ Jay Rigdon plays games with you
poolside. Bring your cash as 'Dunk
for Donations' returns to support our
local Fallen Officers. Enjoy all you
can eat Angus Beef Burgers, Grilled
Hot Dogs and Bratwursts, Grilled
Chicken Sandwiches, Brown Sugar
Baked Beans, Buttery Corn on the
Cob, Loaded Potato Salad,
Cold Sweets, and more!

Minimum of 100/ maximum of 420 required to host. All sales final. \$35+ per person tickets purchased at valenciabonitahoa.thundertix.com by May 21st.

APRIL

PAINTING ON GLASSWARE WITH ARTIST JENNY LICHT

Wednesday, April 27th 2:00 – 4:00 p.m. Arts & Crafts Studio

Painting on glass is easier than you think! Join award-winning artist Jenny Licht for a hands-on lesson in the art of painting

on glass. Professional art instruction, paints, and aprons are included. Participants will need to bring four (4) glasses made of acrylic or glass, stemmed or not.

To register, \$35 check payable to Jenny Licht due to the Box Office by April 20^{th} .



THE BEATLEMANIAX-USA

TRIBUTE BAND TO THE BEATLES

Saturday, April 23rd • 8:00 p.m. • Show Social Hall \$25+ Per Person

Considered by many to be the BEST Beatles Show Band in Florida, The BEATLEMANIAX-USA capture the look, and excitement of a real Beatles concert that most people haven't had the pleasure to experience. The BEATLEMANIAX-USA wear the unique style clothing and hair that their mentors wore during their concert career, and play the same brand/model instruments the Beatles used. With their authentic hairstyle, clothes, and instruments, it's like going back in time to the craziness and hysteria of Beatlemania. So buy a Ticket to Ride and join the Magical Mystery Tour into the past! Purchase \$25+ per person tickets by April 16th at valenciabonitahoa thundertix.com

MAY



HURRICANE PREPAREDNESS FEATURING CHIEF METEOROLOGIST OF WINK NEWS MATT DEVITT

Tuesday, May 17th 10:00 a.m. • Social Hall

Come learn tips from the weatherman expert and Chief Meteorologist of Wink News to prepare for hurricane season. Complimentary donuts and coffee with be served. FREE to attend. RSVP to Box Office at valenciabonitaboxoffice@grsmgt.com.

EVENTS & ACTIVITIES

HOT MAY SHOWS





JUNE



Saturday, June 4th 8:00 p.m. • Social Hall • \$15+ Per Person

Join singer Michael D'Amore showcasing the very best of the 60's, 70's, and 80's. For 35 years, Michael has been a professional entertainer based out of the New York metropolitan area. As one of the members of The Capris, Michael is proud to sing lead on their hits "There's A Moon Out Tonight" and "Morse Code of Love". Join Michael for a night of music that will have you clapping, dancing, and singing along. Minimum of 100 tickets required to host. All Sales Final. Purchase \$20+ per person tickets at valenciabonitahoa.thundertix.com by May 28th.

BUG BITES WITH LEE COUNTY MOSQUITO CONTROL

Tuesday, June 14th 2:00 p.m. • Social Hall



Join Andrea Miller, Education Coordinator from Lee County Mosquito Control, to learn about mosquitos, the how and why behind the operations, and the critical role residents play in controlling disease-bearing mosquitoes. The presentation is FREE to attend. Complimentary coffee and snacks will be served. RSVP to valenciabonitaboxoffice@arsmgt.com

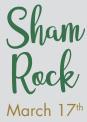
GRILL & CHILL WITH DAD

Sunday, June 19th 1:00 – 4:00 p.m. • Poolside

Come relax poolside for some live music and hot n' ready items off the grill. All dads receive 20% OFF Zest beverages all day. Look for the weekly update for full details.

EVENT POLICY: Please note all events are subject to change. For all paid events, you must cancel by the RSVP deadline. No reservations are guaranteed unless payment is made. For paid, ticketed events visit the Thunder Tix website at valenciabonitahoa.thundertix.com









S		T	
CALENDAR KEY: Fitness Clubs & Interest Group Zest Social Hall or HOA Events Racquet Club & Courts Card Room 1 Arts & Crafts Studio Spa Sports Lounge * = Exclusive Club Reservation			
3	7:30 AM Power Flow Yoga 8:30 AM Stretch & Care 9 AM Stroke of the Week (Tennis) 10 AM Watercolor Club * 10 & 11 AM Beyond Beginner Pickleball 10:30 AM Cribbage Club * 11 AM Fishing Club * 1 PM Pottery Club * 1 PM Advanced Mahjongg * 1 PM Line Dancing 4 PM Cigar Club 5 PM Total Body Fitness 6:30 PM Hand & Foot 6:30 PM Poker * 6:30 PM I Club*	9 AM Fit Camp 9 AM Ladies' Drills & Thrills 10 & 11 AM Beyond Beginner Pickleball 10:15 AM Yoga 10:30 AM Aqua Fit 11:15 Chair Yoga 1 PM Social Mahjongg * 2 PM Baker's Corner 6:30 PM Euchre * 7 PM Zumba	7:30 AM Power I 8:30 AM Stretch 9:15 AM Zumba 10 AM Bridge Sir 10 & 11 AM Inte 10:30 AM Aqua 11 AM New I 12:30 PM Pinoch 6:30 PM Game O 7 PM Book Club
10	7:30 AM Power Flow Yoga 8 AM Intro to POP Tennis 8:30 AM Stretch & Core 9 AM Stroke of the Week (Tennis) 10 AM Watercolor Club * 10 & 11 AM Beyond Beginner PB Clinic 10:30 AM Cribbage Club * 1 PM Pottery Club 1 PM Advanced Mahjongg * 1 PM Line Dancing 4 PM Cigar Club • 5 PM Total Body Fitness 6:30 PM Hand & Foot • 6:30 PM Poker 7 PM Left Right Center *	9 AM Fit Camp 9 AM Ladies' Drills & Thrills 10 AM Better Than a Bistro 10 & 11 AM Beyond Beginner Pickleball 10:15 AM Yoga 10:30 AM Aqua Fit 1 PM Scrabble * 1 PM Social Mahjongg 6 PM Men's Club Pizza Night 6:30 PM Euchre 7 PM Zumba	7:30 AM Power I 8:30 AM Stretch 9:15 AM Zumba 10 AM Bridge Sir 10 & 11 AM Inte 10:30 AM Aqua 12:30 PM Pinoch 3 PM Croquet Clu 6:30 PM Game C
Happy Easter! 17 11 AM Bunny Brunch	7:30 AM Power Flow Yoga 8:30 AM Stretch & Core 9 AM Stroke of the Week (Tennis) 10 AM Watercolor Club 10 & 11 AM Beyond Beginner Pickleball Clinic 10:30 AM Cribbage Club 1 PM Line Dancing 1 PM Advanced Mahjongg 2 PM Shred Day 2 PM Shred Day 2 PM Stritches Club 4 PM Cigar Club 5 PM Total Body Fitness 6:30 PM Hand & Foot • 6:30 PM Poker	9 AM Mobile Bike Medic 9 AM Fit Camp 9 AM Ladies' Drills & Thrills 10 & 11 AM Beyond Beginner Pickleball 10:15 AM Yoga 10:30 AM Aqua Fit 11:15 AM Chair Yoga 1 PM Social Mahjongg 2 PM Sewing Club * 6 PM Euchre Club 6:30 PM BBQ Club * 7 PM Zumba	7:30 AM Power 8:30 AM Stretch 9:15 AM Zumba 10 AM Bridge Si 10 & 11 AM Into 10:30 AM Aqua 12:30 PM Pinocl 4 PM Travel Club 6:30 PM Game (6:30 PM Whiske
24	7:30 AM Power Flow Yoga 8:30 AM Stretch & Core 9 AM Stroke of the Week 10 AM Watercolor Club 10 & 11 AM Beyond Beginner Pickleball Clinic 10:30 AM Cribbage Club 1 PM Line Dancing 1 PM Advanced Mahjongg 1 PM Pottery Club 4 PM Cigar Club 5 PM Total Body Fitness 6:30 PM Hand & Foot • 6:30 PM Poker	9 AM Fit Camp 9 AM Drills & Thrills 10 & 11 AM Beyond Beginner Pickleball 10:15 AM Yoga 10:30 AM Aqua Fit 11:15 AM Chair Yoga 12 PM Ladies' Lunch Bunch (offsite) 1 PM Social Mahjongg 6:30 PM Euchre 7 PM Jewish Cultural Club * 7 PM Bunco* 7 PM Zumba	7:30 AM Power F 8:30 AM Stretch 9:15 AM Zumba 10 AM Bridge Sin 10 & 11 AM Inte 10:30 AM Aqua F 12:30 PM Pinoch 2 PM Painting 6:30 PM Game C

7 PM Zumba

^{*}Note Calendar Events / Times are subject to change without notice.

W	T	F	5
		9:15 AM Zumba 10 AM Pottery Club* 10 AM Intro to Pickleball 10:30 AM Aqua Fit 11:30 AM Bocce, Burgers, & Beer 12:30 PM Bridge Pairs 1 PM Writer's Club* 1 PM Hand & Foot	1 PM Chinese Mahjongg* 7 pm Mafia Murder Mystery Night
Flow Yoga & Core Ingles Er/Adv Pickleball Clinics Fit Resident Orientation Ile Club Llub *	9 AM Bridge Tournament * 9 AM Fresh Catch Fish Market 9 AM Stretch & Tone 9 AM Tennis Fun & Games 10 AM Acrylic Painting Club * 10:15 AM Yoga 10:30 AM Aqua Fit 11:15 AM Spanish Class 11:15 AM Chair Yoga 1 PM Canasta Club * 5 PM Total Body Fitness 6:30 PM Texas Hold Em Club * 7 PM Zumba 7 PM Dog Club Meeting *	9:15 AM Zumba 10 AM Pottery Club* 10:30 AM Aqua Fit 12:30 PM Bridge Pairs* 1 PM Hand & Foot 2 PM Tap Class 6 PM Margaritaville Party *Pool Deck closes at 12:00 PM	1 PM Chinese Mahjongg 4 PM Bocce League Recognition Social
Flow Yoga & Core agles er/Adv Pickleball Clinics Fit ale Club b Club e Club	8 AM Tennis Fun & Games 9 AM Fresh Catch Fish Market 9 AM Stretch & Tone 10 AM Acrylic Painting Club 10:15 AM Yoga 10:30 AM Aqua Fit 11 AM Spanish Class 11:15 AM Chair Yoga 12 PM Ladies' PB League Lunch 1 PM Canasta Club 3 PM Margarita Mixer w/Mark 3 PM Photography Club * 5 PM Ballroom Class 5 PM Total Body Fitness 6:30 PM Texas Hold'Em Club 7 PM Zumba	9:15 AM Zumba 10 AM Pottery Club 10 AM Intro to Pickleball 10:30 AM Aqua Fit 11:30 AM Bocce, Burgers, & Beer 12:30 PM Bridge Pairs 1 PM Hand & Foot 1 PM Writer's Club 2 PM Tap Class 5:30 PM Jewish Cultural Club — Seder Dinner	8 AM Men's RR Pickleball Tournament 9:30 AM Solo Living Single Club 1 PM Chinese Mahjongg
Flow Yoga & Core ngles er/Adv Pickleball Clinics Fit nle Club * Club y Club *	9 AM Fresh Catch Fish Market 9 AM Stretch & Tone 9 AM Tennis Fun & Games 10 AM Acrylic Painting Club 10:15 AM Yoga 10:30 AM Aqua Fit 11 AM Artisan Market 11 AM Spanish Class 11:15 AM Chair Yoga 11:30 PM Ladies' Round Robin PB Lunch 12 PM Men's Club — Boston Beer Garden 1 PM Canasta Club 5 PM Ballroom Class 5 PM Total Body Fitness 6:30 PM Texas Hold'Em Club 7 PM Zumba	9:15 AM Zumba 10 AM Pottery Club 10:30 AM Aqua Fit 12:30 PM Bridge Pairs 1 PM Hand & Foot 1 PM Historical Fiction Book Club 2 PM Tap Class 4:30 PM POP & Pour	1 PM Chinese Mahjongg 8:00 PM Beatlemaniax USA Show
low Yoga & Core 27 gles r/Adv Pickleball Clinics it le Club on Glassware ub	9 AM Fresh Catch Fish Market 9 AM Stretch & Tone 9 AM Tennis Fun & Games 10 AM Acrylic Painting Club 10:15 AM Yoga 10:30 AM Aqua Fit 11:15 AM Spanish Class 11:15 AM Chair Yoga 1 PM Canasta Club 5 PM Ballroom Class 5 PM Total Body Fitness 6:30 PM Texas Hold'Em Club 7 PM Zumba 7 PM Jukebox Bingo	9:15 AM Zumba 10 AM Pottery Club 10 AM Intro to Pickleball 10:30 AM Aqua Fit 12:30 PM Bridge Pairs 1 pm Hand & Foot 1 pm Writer's Club 2 PM Tap Class 4:30 PM POP & Pour 6 PM Karaoke Club	1 PM Chinese Mahjongg

S	M	T	
1	7:30 AM Power Flow Yoga 8:30 AM Stretch & Core 9 AM Stroke of the Week 10 AM Pottery Club * 10 & 11 AM Beyond Beginner Pickleball Clinic 10:30 AM Cribbage Club 1 PM Line Dancing 1 PM Advanced Mahjongg 4 PM Cigar Club 5 PM Total Body Fitness 6:30 PM Hand & Foot 6:30 PM Poker 6:30 PM IClub	9 AM Fit Camp 9 AM Drills & Thrills 10 AM & 11 AM Beyond Beginner PB 10:15 AM Yoga 10:30 AM Aqua Fit 11:15 AM Chair Yoga 1 PM Social Mahjongg * 6:30 PM Euchre Club* 7 PM Zumba	7:30 AM Pow 8:30 AM Stret 9:15 AM Zum 10 AM Bridge 10 & 11 AM I 10:30 AM Aqu 11 AM Nev 12:30 PM Fin 6:30 PM Gam 7 PM Book Clu
Happy Mother's Day! 8 11 AM Pottery Club Silent Auction 12 PM 'Hats, Heels, & Pearls' Mother's Day Luncheon	7:30 AM Power Flow Yoga 8:30 AM Stretch & Core 9 AM Stroke of the Week 10 AM Pottery Club * 10 & 11 AM Beyond Beginner Pickleball Clinic 10:30 AM Cribbage Club 1 PM Line Dancing 1 PM Advanced Mahjongg 4 PM Cigar Club 5 PM Total Body Fitness 6:30 PM Hand & Foot 6:30 PM Poker 7 PM Left Right Center *	9 AM Fit Camp 9 AM Ladies' Drills & Thrills 10 & 11 AM Beyond Beginner Pickleball Clinic 10:15 AM Yoga 10:30 AM Aqua Fit 11:15 AM Chair Yoga 1 PM Social Mahjongg 1 PM Scrabble Club * 4:30 PM Beat the Pros Night 4:30 PM Viet Yum Food Truck 6:30 PM Euchre Club* 7 PM Zumba	7:30 AM Pow 8:30 AM Strei 9:15 AM Zum 10 AM Bridge 10 & 11 AM 10:30 AM Aq 12:30 PM Pin 3 PM Croquet 6:30 PM Gam 6:30 PM Corv 7 PM Jukel
15	7:30 AM Power Flow Yoga 8 AM Intro to POP Tennis 8:30 AM Stretch & Core 9 AM Stroke of the Week 10 AM Pottery Club 10 & 11 AM Beyond Beginner Pickleball 10:30 AM Cribbage Club 1 PM Line Doncing 1 PM Advanced Mahjongg 2 PM Holistic Wellness Club 2 PM Stitches Club 4 PM Cigar Club 5 PM Total Body Fitness 6:30 PM Hand & Foot 6:30 PM Poker	9 AM Fit Camp 9 AM Ladies' Drills & Thrills 10 & 11 AM Beyond Beginner Pickleball Clinic 10 AM Hurricane Presentation — Matt Devitt 10:15 AM Yoga 10:30 AM Aqua Fit 11:15 AM Chair Yoga 1 PM Social Mahjongg 6:30 PM BBQ Club * 7 PM Zumba	7:30 AM Pow 8:30 AM Stret 9:15 AM Zum 10 AM Bridge 10 & 11 AM I 10:30 AM Aqu 12:30 PM Pin 2 PM Poker Cl 6:30 PM Gam 6:30 PM Whis
22	7:30 AM Power Flow Yoga 8:30 AM Stretch & Core 9 AM Stroke of the Week 10 AM Pottery Club 10 & 11 AM Beyond Beginner Pickleball 10:30 AM Cribbage Club 1 PM Line Dancing 1 PM Advanced Mahjongg 5 PM Total Body Fitness 4 PM Cigar Club 6:30 PM Hand & Foot 6:30 PM Poker	9 AM Fit Camp 9 AM Ladies' Drills & Thrills 10 & 11 AM Beyond Beginner Pickleball Clinic 10:15 AM Yoga 10:30 AM Aqua Fit 11:15 AM Chair Yoga 1 PM Social Mahjongg 2 PM Fallen Officers Presentation 6:30 PM Euchre Club* 7 PM Jewish Cultural Club * 7 PM Bunco * 7 PM Zumba	7:30 AM Pow 8:30 AM Stre 9:15 AM Zum 10 AM Bridge 10 & 11 AM 10:30 AM Aq 12:30 PM Pin 2 PM Poker Cl 3 PM Whiskey 6:30 PM Gam
29	7:30 AM Power Flow Yoga 8:30 AM Stretch & Core 9 AM Stroke of the Week 10 AM Pottery Club 10 & 11 AM Beyond Beginner Pickleball 10:30 AM Cribbage Club 1 PM Memorial Day BBQ & Pool Party 6:30 PM Hand & Foot • 6:30 PM Poker	9 AM Fit Camp 9 AM Ladies' Drills & Thrills 10 & 11 AM Beyond Beginner Pickleball Clinic 10:15 AM Yoga 10:30 AM Aqua Fit 11:15 AM Chair Yoga 12 pm Ladies' Lunch Brunch (offsite) 1 PM Social Mahjongg 6:30 PM Euchre Club* 7 PM Zumba	

¹⁰

^{*}Note Calendar Events / Times are subject to change without notice.

1	9 AM Fresh Catch Fish Co.	7	
er Flow Yoga ch & Core ba Singles nt/Adv Pickleball Clinic to Resident Orientation ochle Club * te Club * to b *	9 AM Fresh Calch Fish Co. 9 AM Stretch & Tone 9 AM Tennis Fun & Games 10 AM Pottery Club 10:15 AM Yoga 10:30 AM Aqua Fit 11:15 AM Chair Yoga 11:15 AM Spanish Class 1 PM Canasta Club 3 PM Margarita Mixer w/Mark 5 PM Total Body Fitness 6 PM Cinco de Mayo Fiesta 6:30 PM Texas Hold'Em * 7 PM Zumba	9:15 AM Zumba 10 AM Pottery Club 10 AM Intro to Pickleball 10:30 AM Aqua Fit 11:30 AM Bocce Burgers & Beer 12:30 PM Bridge Pairs 2 PM Tap Class 5:30 PM Jewish Cultural Club — Chabad Dinner	8 AM Men's Round Robin Doubles 1 PM Chinese Mahjongg 2 PM Floral Cake Decorating
er Flow Yoga ch & Core ch & Core ch on Singles ent/Adv Pickleball Clinic ent Fit cochle Club club ette Club ox Bingo	9 AM Fresh Catch Fish Co. 9 AM Stretch & Tone 9 AM Tennis Fun & Games 10 AM Pottery Club 10:15 AM Yoga 10:30 AM Aqua Fit 11:15 AM Chair Yoga 11:15 AM Spanish Class 1 PM Canasta Club 5 PM Total Body Fitness 6:30 PM Texas Hold'Em 7 PM Zumba	9:15 AM Zumba 10 AM Pottery Club 10:30 AM Aqua Fit 12:30 PM Bridge Pairs 1 PM Hand & Foot 1 PM Writer's Club 1 PM Bear Presentation (TBD) 2 PM Tap Class	1 PM Chinese Mahjongg 1 4 8 PM Magic Show Jay Mattioli
er Flow Yoga ch & Core co Singles nt/Adv Pickleball Clinic va Fit ochle Club ub e Club key Club *	9 AM Fresh Catch Fish Co. 9 AM Stretch & Tone 9 AM Tennis Fun & Games 10 AM Pottery Club 10:15 AM Yoga 10:30 AM Aqua Fit 11:15 AM Chair Yoga 11:15 AM Spanish Class 1 PM Canasta Club 5 PM Total Body Fitness 6:30 PM Texas Hold'Em 7 PM Zumba	9:15 AM Zumba 10 AM Pottery Club 10 AM Intro to Pickleball 10:30 AM Aqua Fit 11:30 AM Bocce Burgers & Beer 12:30 PM Bridge Pairs 1 PM Hand & Foot 2 PM Tap Class 4:30 PM POP & Pour	8 AM Women's Round Robin Doubles 9:30 AM Solo Living Single Club 1 PM Chinese Mahjongg 8 PM JL Fulks Concert
er Flow Yoga ch & Core ba Singles nt/Adv Pickleball Clinic va Fit ochle Club ub c Club Meeting e Club	9 AM Fresh Catch Fish Co. 9 AM Stretch & Tone 9 AM Tennis Fun & Games 10 AM Pottery Club 10:15 AM Yoga 10:30 AM Aqua Fit 11:15 AM Chair Yoga 11:15 AM Spanish Class 1 PM Canasta Club 2 PM Jenny Licht Art Class 5 PM Total Body Fitness 6:30 PM Texas Hold'Em 7 PM Zumba	9:15 AM Zumba 10 AM Pottery Club 10:30 AM Aqua Fit 12:30 PM Bridge Pairs 1 PM Hand & Foot 1 PM Writer's Club 1 PM Historical Fiction Book Club 2 PM Tap Class 8 PM The Sicilian Tenors	1 PM Chinese Mahjongg
			CALENDAR KEY: Fitness Clubs & Interest Group Zest Social Hall or HOA Events Racquet Club & Courts Dog Park Arts & Crafts Studio Spa Sports Lounge * = Exclusive Club Reservation

S	M	T	
CALENDAR KEY: Fitness Clubs & Interest Group Zest Social Hall or HOA Events Racquet Club & Courts Dog Park Arts & Crafts Studio Spa Sports Lounge * = Exclusive Club Reservation			7:30 AM Power 8:30 AM Stretch 9:15 AM Zumba 10 AM Bridge Sii 10 & 11 AM Int, 10:30 AM Aqua 11 AM New 12:30 PM Pinocl 2 PM Poker Club 6:30 PM Game (7 PM Book Club
5	7:30 AM Power Flow Yoga 8:30 AM Stretch & Core 9 AM Stroke of the Week 10 AM Pottery Club 10 & 11 AM Beyond Beginner Pickleball 10:30 AM Cribbage Club 11 AM Fishing Club * 1 PM Line Dancing 1 PM Advanced Mahjongg 4 PM Cigar Club 5 PM Total Body Fitness 6:30 PM Hand & Foot 6:30 PM Poker	9 AM Fit Camp 9 AM Ladies' Drills & Thrills 10 & 11 AM Beyond Beginner Pickleball Clinic 10:15 AM Yoga 10:30 AM Aqua Fit 11:15 AM Chair Yoga 1 PM Social Mahjongg 2 PM Baker's Corner 5 PM Food Truck Tuesday 6:30 PM Euchre Club 7 PM Zumba	7:30 AM Power R 8:30 AM Stretch 9:15 AM Zumba 10 AM Bridge Sir 10 & 11 AM Int/ 10:30 AM Aqua I 12:30 PM Pinoch 2 PM Poker Club 3 pm Croquet Clu 6:30 PM Game C 6:30 PM Corvette
12	7:30 AM Power Flow Yoga 8 AM Intro to POP Tennis 8:30 AM Stretch & Core 9 AM Stroke of the Week 10 AM Pottery Club 10 & 11 AM Beyond Beginner Pickleball 10:30 AM Cribbage Club 1 PM Line Dancing 1 PM Advanced Mahjongg 4 PM Cigar Club 5 PM Total Body Fitness 6:30 PM Hand & Foot 6:30 PM Poker 7 PM Left Right Center *	9 AM Fit Camp 9 AM Ladies' Drills & Thrills 10 & 11 AM Beyond Beginner Pickleball Clinic 10:15 AM Yoga 10:30 AM Aqua Fit 11:15 AM Chair Yoga 1 PM Social Mahjongg 2 PM Bug Bites Presentation 6:30 PM Euchre Club 7 PM Zumba	7:30 AM Power 8:30 AM Stretch 9:15 AM Zumba 10 AM Bridge Sir 10 & 11 AM Int, 10:30 AM Aqua 12:30 PM Pinoch 2 PM Poker Club 6:30 PM Whiske 6:30 PM Game (
19 11 AM -2 PM Sunday Brunch @ Zest 1 - 4 PM 'Grill & Chill' with Dad	7:30 AM Power Flow Yoga 8:30 AM Stretch & Core 9 AM Stroke of the Week 10 AM Pottery Club 10 & 11 AM Beyond Beginner Pickleball 10:30 AM Cribbage Club 1 PM Line Dancing 1 PM Advanced Mahjongg 2 PM Holistic Wellness Club * 2 PM Stitches Club * 4 PM Cigar Club 5 PM Total Body Fitness 6:30 PM Hand & Foot 6:30 PM Poker	9 AM Fit Camp 9 AM Ladies' Drills & Thrills 10 & 11 AM Beyond Beginner Pickleball Clinic 10:15 AM Yoga 10:30 AM Aqua Fit 11:15 AM Chair Yoga 1 PM Social Mahjongg 6:30 PM BBQ Club * 6:30 PM Euchre Club 7 PM Zumba	7:30 AM Power F 8:30 AM Stretch 9:15 AM Zumba 10 AM Bridge Sin 10 & 11 AM Int/ 10:30 AM Aqua I 12:30 PM Pinoch 2 PM Poker Club 6:30 PM Game C
26	7:30 AM Power Flow Yoga 8 AM Intro to POP Tennis 8:30 AM Stretch & Core 9 AM Stroke of the Week 10 AM Pottery Club 10 & 11 AM Beyond Beginner Pickleball 10:30 AM Cribbage Club 1 PM Line Dancing 1 PM Advanced Mahjongg 4 PM Cigar Club 5 PM Total Body Fitness 6:30 PM Hand & Foot 6:30 PM Poker	9 AM Fit Camp 9 AM Ladies' Drills & Thrills 10 & 11 AM Beyond Beginner Pickleball Clinic 10:15 AM Yoga 10:30 AM Aqua Fit 11:15 AM Chair Yoga 12 PM Ladies' Lunch Bunch (offsite) 1 PM Social Mahjongg 6:30 PM Euchre Club 7 PM Jewish Cultural Club * 7 PM Bunco Club * 7 PM Zumba	7:30 AM Power I 8:30 AM Stretch 9:15 AM Zumba 10 AM Bridge Sir 10 & 11 AM Int 10:30 AM Aqua 12:30 PM Pinoch 2 PM Poker Club 6:30 PM Game C

^{*}Note Calendar Events / Times are subject to change without notice.

W	T	F F	5
Flow Yoga & Core ngles /Adv Pickleball Clinic Fit Resident Orientation nle Club * Ilub * *	9 AM Fresh Catch Fish Co. 9 AM Stretch & Tone 9 AM Tennis Fun & Games 10 AM Pottery Club 10:15 AM Yoga 10:30 AM Aqua Fit 11:15 AM Chair Yoga 11:15 AM Spanish Class 1 PM Canasta Club 5 PM Total Body Fitness 6:30 PM Texas Hold'Em 7 PM Zumba	9:15 AM Zumba 10 AM Pottery Club 10 AM Intro to Pickleball 10:30 AM Aqua Fit 11:30 AM Bocce Burgers & Beet 12:30 PM Bridge Pairs 1 PM Hand & Foot 2 PM Tap Class	8 AM Men's Round Robin Doubles 1 PM Chinese Mahjongg * 8 PM Musical Night with Michael D'Amore
low Yoga & Core gles (Adv Pickleball Clinic it le Club b lub e Club	9 AM Fresh Catch Fish Co. 9 AM Stretch & Tone 9 AM Tennis Fun & Games 10 AM Pottery Club 10:15 AM Yoga 10:30 AM Aqua Fit 11:15 AM Chair Yoga 11:15 AM Spanish Class 1 PM Canasta Club 5 PM Total Body Fitness 6:30 PM Texas Hold'Em 7 PM Zumba	9:15 AM Zumba 10 AM Pottery Club 10:30 AM Aqua Fit 12:30 PM Bridge Pairs 1 PM Hand & Foot 1 PM Writer's Club 2 PM Tap Class 6 PM Jewish Cultural Club — Shabot Dinner	1 1
Flow Yoga & Core Igles 'Adv Pickleball Clinic Fit Ile Club y Club * Iub	9 AM Fresh Catch Fish Co. 9 AM Stretch & Tone 9 AM Tennis Fun & Games 10 AM Pottery Club 10:15 AM Yoga 10:30 AM Aqua Fit 11:15 AM Chair Yoga 11:15 AM Spanish Class 1 PM Canasta Club 5 PM Total Body Fitness 6:30 PM Texas Hold'Em 7 PM Zumba	9:15 AM Zumba 10 AM Pottery Club 10 AM Intro to Pickleball 10:30 AM Aqua Fit 11:30 AM Bocce Burgers & Beer 12:30 PM Bridge Pairs 1 PM Hand & Foot 2 PM Tap Class 4:30 PM POP & Pour	8 AM Women's Round Robin Doubles 9:30 AM Solo Living Single Club 1 PM Chinese Mahjongg
low Yoga & Core gles 'Adv Pickleball Clinic it le Club	9 AM Fresh Catch Fish Co. 9 AM Stretch & Tone 9 AM Tennis Fun & Games 10 AM Pottery Club 10:15 AM Yoga 10:30 AM Aqua Fit 11:15 AM Chair Yoga 11:15 AM Spanish Class 1 PM Canasta Club 2 PM Jenny Licht Art Class 5 PM Total Body Fitness 6:30 PM Texas Hold Em 7 PM Jukebox Bingo 7 PM Zumba	9:15 AM Zumba 10 AM Pottery Club 10:30 AM Aqua Fit 12:30 PM Bridge Pairs 1 PM Hand & Foot 1 PM Writer's Club 1 PM Historical Fiction Book Club 2 PM Tap Class	25 1 PM Chinese Mahjongg
Flow Yoga & Core gles YAdv Pickleball Clinic Fit le Club	9 AM Fresh Catch Fish Co. 9 AM Stretch & Tone 9 AM Tennis Fun & Games 10 AM Pottery Club 10:15 AM Yoga 10:30 AM Aqua Fit 11:15 AM Chair Yoga 11:15 AM Spanish Class 1 PM Canasta Club 5 PM Total Body Fitness 6:30 PM Texas Hold'Em 7 PM Zumba		





Easter Bunny Brunch

Sunday, April 17th • 11:00 a.m. – 1:00 p.m • Social Hall

Adults \$49 + Per Person

Children 4-12 Years \$20+ Per Child • 3 & Under FREE

Enjoy an 'Egglicious' Brunch, live piano music, egg decorating, bunny games, and adult and children egg surprises. The brunch features 'Cottontail's' Carving Station with Honey Glazed Ham. Hop down the

'Bunny Trail' Station with deviled eggs, avocado toast, fresh fruit parfaits, smoke salmon, assorted bagels, pastries, and muffins. Hoppin' sides include mini quiche Lorraine, vegetable frittata, maple bacon, roasted rosemary potatoes, and fresh bread rolls.

The bunny trail ends with carrot cake and more sweet treats for you to take away. Minimum 100 tickets required to host. All Sales Final. Purchase tickets at valenciabonitahoa.thundertix.com by April 11th.



MEMORIAL WEEKEND SPECIAL!

May 28th – May 30th
20% OFF all beverages for Veterans
with proof of military ID or service.
*Does not apply to Happy Hour prices.

APRIL - JUNE • HOURS OF OPERATION

Wednesday – Saturday 11:00 a.m. – 8:00 p.m. Sunday 11:00 a.m. – 5:00 p.m.

*Hours may vary on holidays

Reservations, Menus and Takeout Orders
Visit: www.zestbonita.com/resident • 239.908.0880 Ext 5



HAPPY HOURS!

Enjoy \$4 select beer and wine, \$6 house mixed drinks, and discounted appetizers.

Wednesday – Saturdays 4:00 – 6:00 p.m.

> Sundays 4:00 – 5:00 p.m.

LOYALTY CARDS NOW AVAILABLE!

Don't Forget to Ask your Server for your Loyalty Card.

Receive 50% OFF Every 4th Entrée with your Loyalty Card!

SAVE THE DATE • 2022





JL Fulks Saturday, May 21st • 8:00 p.m.

Selwyn Birchwood Saturday, July 30th • 8:00 p.m.



Birchwood

Enjoy two original award-winning artists live! Direct from Nashville, JL Fulks is an award-winning American Singer-Songwriter, Blues & Country Guitarist known for his captivating songs and smooth vocals. In 2018, JL won the International Music & Entertainment Awards Music Video of The Year and, in 2020, he won Country Song of The Year. A graduate from the Berklee College of Music, JL has been delighting concert goers for over 10 years.

"A powerhouse young guitarist and soulful vocalist. A major player, highly recommended." - Rolling Stone

Selwyn Birchwood has received rave reviews in Rolling Stone Magazine, The Wall Street Journal, The Chicago Tribune, and globally. The guitar and lap steep player describes his original music as "electric swamp-funkin' blues" played with fire-andbrimstone fervor. Selwyn's gritty vocals draws his audience deep inside his tales of love, passion, pain, and pleasure. His most recent Album Living in a Burning House reached #1 on Billboard and he has had 3 Top Ten Billboard hits!

For Tickets: Minimum of 100 tickets required to host each show. Once ticket purchases are made, it is not permissible to change them. No exchanges, no refunds, no exceptions. Tickets must be purchased by closed homeowners. 10 tickets may be ordered online at valenciabonitahoa.thundertix.com.

Tickets for Package go on sale Monday, April 11th \$55 +tax for JL Fulks & Selwyn Birchwood (\$5 OFF Discount)

Tickets for individual shows go on sale Monday, April 18th \$30 +tax for Single Tickets.



SPORTS SCHEDULE & RACQUET CLUB EVENTS

TENNIS SCHEDULE

INTRO TO POP TENNIS

Mondays • 8:00 a.m. – 9:00 a.m. April 11, May 16, June 13

Come learn a new spin on Tennis known as "POP Tennis". POP Tennis is a scaled-down version of regular tennis, only played on shorter tennis courts, with shorter, solid racquets, and lower compression (green dot) tennis balls. The same scoring and rules as tennis apply, except for one underhand serve. 4 to 8 participants are required to play and register on the court reservation system known as Chelsea. FREE to attend.

POP & POUR

Fridays • April 22, May 20, June 17 4:30 p.m. – 6:00 p.m. (Max 15 players) 6:30 p.m. Cocktails by the Fire Pit

Enjoy a round robin game of POP tennis while playing with Sports Director and Pro Chad Edwards.
Following the games courtside, the group will meet at the firepit for cocktails. Free to

play. Register on Chelsea.

All Tennis clinics require a minimum of four players

All Tennis clinics require a minimum of four players and a maximum of six players per session.

STROKE OF THE WEEK

Mondays • 8:00 a.m. – 10:00 a.m. April 4, 11, 18, 25 May 2, 9, 16, 23 June 6, 13, 20, 27

Come learn tips for improving your game with Tennis Pro, Mark Drons.
Mark will review the fundamentals to help you improve your game and it is a great opportunity for both beginners and advanced players. \$20 per session.
Register on Chelsea.

LADIES' DRILLS AND THRILLS

Tuesdays • 9:00 a.m. – 10:00 a.m.



session. Register on Chelsea.

FUN & GAMES

Thursdays • 9:00 a.m. – 10:00 a.m. April 7, 14, 21, 28 May 5, 12, 19, 26 June 2, 9, 16, 23, 30

Fun and Games is geared for more intermediate/advanced players. Join Tennis Pro Mark Drons to learn drills focused on increasing your game play. \$20 per session. Register on Chelsea.

MARGARITA MIXER WITH MARK

April 14th & May 5th 3:00 p.m. – 5:00 p.m.

Courtside
Enjoy a round robin
play with the pro Mark
Drons. You can register
with a partner or as a

single and will be paired. Margaritas and snacks will be served courtside. \$15 per person. Register on Chelsea. *Cancellations within 48 hours will result in a \$15 Pro Shop charge.

PICKLEBALL SCHEDULE

All Pickleball clinics require a minimum of four players and a maximum of eight players per session.

INTRO TO PICKLEBALL CLINICS

10:00 a.m. – 11:00 a.m. April 1 & April 15 May 6 & May 20 June 3 & June 17

New to Pickleball and want a better understanding of the basics? This clinic will focus on learning the pickleball rules and skills to start playing. \$10.00 per session. Register on Chelsea.

BEYOND BEGINNER PICKLEBALL CLINIC

Mondays 10:00 a.m. – 11:00 a.m. & 11:00 a.m. – 12 p.m. April 4, 11, 18, 25 May 2, 9, 16, 23 June 6, 13, 20, 27

For beginners that are ready to advance their skills to the next level and work on improving the basics of the game. \$10.00 per session. Register on Chelsea.

INTERMEDIATE & ADVANCED PICKLEBALL CLINICS

Wednesdays 10:00 a.m. - 11:00 a.m. & 11:00 a.m. - 12 p.m.

April 6, 13, 20, 27
May 4, 11, 18, 25n
June 1, 8, 15, 22, 29
Looking to advance
your pickleball skills? The
focus of this clinic will be
developing essential shots,

control, and strategy for improved play for levels 2.5 and higher. \$10.00 per session. Register on Chelsea.

PRIVATE, SEMI-PRIVATE, & GROUP LESSONS AVAILABLE!

Contact the Pro Shop to schedule private, semi-private, or group lessons. • Prices range \$60 - \$100/hour

BOOK YOUR COURTS! Court Reservations are Required to Book Your Courts:

Visit valenciabonitahoa.com, Located under Courts • Log into your Chelsea User Account

CANCELLATION POLICY

Must contact the Pro Shop 24-hours before reservation otherwise you will be fully charged.

ROUND ROBIN PICKLEBALL TOURNAMENTS

MEN'S DOUBLES:

April 16, May 7, June 4 WOMEN'S DOUBLES:

May 21, June 18

Whether you have a partner or not, the Pro Shop will pair you on a team if you wish to play in the Round Robin Pickleball Tournament. Email the Pro Shop to Register in the tournament at valenciabonitaproshop@gmail.com.

BOCCE SCHEDULE

BOCCE, BEER, & BURGERS

11:00 a.m. Bocce Play Courts 12:30 p.m. Poolside Lunch at Zest

April 1 & April 15 May 6 & May 20

June 3 & June 17

Enjoy a round robin game of Bocce followed by lunch at Zest. \$15++ includes a preselected burger lunch and domestic beer or wine. Note, if you cancel with-in 48 hours, your house account will still be charge. Limited to 16 participants. Register on Chelsea.

BEAT THE PROS NIGHTS

May 10th
Tennis • 4:00 – 5:30 p.m.
Pickleball • 5:30 – 7:00 p.m.

Whether you just want to watch or play, visit the courts for a fun evening to watch pros Mark Drons and Chad Edwards on the courts.

Food truck Viet Yum will be close by to enjoy dinner courtside. Look for the weekly email for the menu.

No advanced sign-up required, just show up to the courts ready to play.





MESSAGE FROM SPORTS DIRECTOR CHAD EDWARDS

Spring is here! Special congrats go to our Women's 3.0 Tennis League for winning the division champions in the BONERO league. Additionally, our Men's

3.0 Tennis League were co-champions out of 24 teams in the great community for the Bonita League. I want to encourage all our players to continue registering for Tennis and Pickleball clinics this spring as your support is appreciated by the Pros. Reminder, starting in June the Pro Shop hours adjust slightly to Monday through Fridays.

SPORTING TIPS FROM THE PROS

MARK'S TENNIS TIP • The Poach

When playing doubles, the poach can be a great tool to keep your opponent off balance and shorten points. A poach is when the net player cuts across the center of the court to cut off the opponent's baseline strike. The most important rule when poaching is to understand its purpose.....WIN THE POINT, if you do not end the point your team will more than likely end up well out of position and loe net.

PICKLEBALL • Think of Straight Lines

One of the main reasons for missing a shot into the net or not consistently hitting the ball to your target is coming across your body after contact. You need to separate your arm away from your body and move it in a straight line. If your body and arm are moving together, most likely sideways, you will cut across the ball instead of hitting through it. Think of being against a wall and if you come across your body you will hit the wall, this will help to stay in a straighter line to your target.

BOCCE • Find Your Opponent's Weakness

Watch your opponent as they throw the pallino. What is their "go to" length? Do they like short ends or long ends? If they prefer a short end, throw longer when you have the opportunity to start the end and use a blocker (ball a little shorter in front of the pallino) to force them to go around and out of their comfort zone.



FITNESS PROGRAMS

A MESSAGE FROM YOUR FITNESS OPERATIONS DIRECTOR MARNI RUDNICK



Dear Residents,

With COVID restrictions phasing out, it is time to transition all fitness classes back to the two Exercise rooms. These exercise rooms are equipped with fabulous mirrors, bars, mats, and more equipment class participants will be utilizing. I look forward to introducing new teachers and new staff in April. Thank you for your continued support

- Marni Rudnick, Total Health Systems

FITNESS REGISTRATION REMINDER:

Classes open the 2nd Thursday of every month at 1:00 p.m. for the following month: April 14th, May 12th, & June 9th

FITNESS CLASSES

AQUA FIT: Low-impact water aerobics where no swimming skills are needed and all fitness levels are welcome! This class is designed to improve flexibility, range of motion, overall body and core strength, muscle tone, and cardiovascular endurance. Exercises to upbeat motivating music are easy to follow. *Note:* Rain or shine, the class is held. If weather is poor, a substitute indoor class will be offered for the day.

FIT CAMP: Designed to engage all major muscle groups by using an interval approach. Includes strengthening, resistance training using weights, balance, coordination, and endurance. The class enhances movement in muscles and joints, as well as strengthening CORE MUSCLES that stabilize the spine. FUN movements are incorporated: Functional, Usable, and Natural!

NEW STRETCH AND CORE: Come experience a total body workout. You will work out your entire body while focusing on mobility, flexibility, and core strength.

STRETCH AND TONE: A total body targeted workout that incorporates yoga, pilates, barre, strength, and balance training. It tones and shapes muscles, while incorporating stretching to improve flexibility to help create a long and lean physique.

YOGA: Yoga is a stretching class with simple breathing exercises and seated meditation. Empower your mind and strengthen your body as you move through a series of poses. Great for increasing flexibility and relieving stress.

ZUMBA: Zumba takes the "work" out of workout by mixing low-intensity and high-intensity moves for a high-calorie-burning dance fitness party. Receive a total body workout combining all fitness elements of cardio, muscle conditioning, balance and flexibility, and increasing your energy.

APRIL - JUNE • CLASS SCHEDULE

MONDAY

Power Flow Yoga 7:30 a.m. - 8:20 a.m. 8:30 a.m. - 9: 20 a.m. Stretch & Core Exercise Studio #2/ Ping Pong Room Total Body Fitness 5:00 p.m. – 5:55 p.m.

TUESDAY

Fit Camp 9:00 a.m. - 10:00 a.m. Yoga 10:15 a.m. – 11:05 a.m. Aqua Fit 10:30 a.m. - 11:25 a.m. (Pool) Chair Yoga 11:15 a.m. - 12:00 p.m. 7:00 p.m. – 7:55 p.m. Zumba

WEDNESDAY

Power Flow Yoga 7:30 a.m. - 8:20 a.m. Stretch & Core 8:30 a.m. - 9:20 a.m.

Exercise Studio #2/ Ping Pong Room

9:15 a.m. - 10:10 a.m. Zumba Aqua Fit 10:30 a.m. - 11:25 a.m. (Pool)

Total Body Fitness 5:00 p.m. - 5:55 p.m.

THURSDAY

Stretch & Tone 9:00 a.m. - 10:00 a.m. Yoga 10:15 a.m. - 11:05 a.m. Aqua Fit 10:30 a.m. - 11:25 a.m. (Pool) Zumba 7:00 p.m. – 7:55 pm.

FRIDAY

Zumba 9:15 a.m. - 10:15 a.m. 10:30 a.m. - 11:25 a.m. (Pool) Aqua Fit

> \$30 per Month/2x a Week or \$50 per Month/ 4x a Week

Email Total Health Systems and usse discount code 2NDCLASS to receive \$10 discount.

NOTE: To add additional fitness classes, 12 residents or more are required to start additional classes.

*To Register for fitness classes, visit the HOA website www.valenciabonitahoa.com, located under the Fitness tab. You will be re-directed to the Total Health Systems website.

PERSONAL TRAINING AVAILABLE

Contact Certified Trainer Christina Pardo to schedule a FREE consultation appointment and for prices.

THE SPA AT VALENCIA BONITA

The Spa at Valencia Bonita strives to make your experience wonderful from start to finish! Let our talented staff help you find the right treatment or beauty product to match your lifestyle. Let us nourish your mind, body, and spirit with a relaxing massage, custom-blended facial, or revitalizing body treatment. We offer manicures, pedicures, facials, massages, waxing and tinting, and body treatments.

Specials Just for YOU!

Enjoy a complimentary glass of champagne with any Spa service!



APRIL

LEAVE THE FUZZ TO THE BUNNIES

15% OFF dermaplaning in the month of April and receive 10% OFF when you book multiple wax services.

SPRING RENEWAL VITAMIN C FACIAL \$99

Let Spring shine on you!
Come experience this purifying Vitamin
C facial to help eliminate impurities and restore the skin's complexion.

MAY

MANIS & MARGARITAS May 5th

Celebrate Cinco de Mayo in style

with a manicure poolside and complimentary margaritas and sangria.

JUNE

MANLY MEN SPECIAL \$120

Spoil yourself, your dad, or a friend with a classic pedicure and

60-minute Bliss massage, while enjoying a complimentary glass of whiskey.

M

MOTHER OF ALL MASSAGES

Enjoy a 60-minute fullbody massage with dry brushing,

back scrub, warm towel compress, and aromatherapy. \$99

SUMMER SHINE

Get 10% OFF when you book multiple wax services in the month of June.

Golden Egg Hunt

April 12th - April 16th

Book any massage or facial April 12th to April 16th and be on the look out for a special golden egg in the room that includes an added Spa surprise!



MEMORIAL WEEKEND SPECIAL May 27th & May 28th Enjoy 15% OFF Red, White, & Blue nail appointments.

CLUB BEAT



Below is a listing of current clubs and the number is quickly growing! Clubs are open to all! If you are interested in any of the following clubs, please go to www.valenciabonitahoa.com and visit the Club and Interest Group tab. Feel free to contact the club facilitator using the email address provided. If you would like to start a new club, please contact Kelly at Krhoades@grsmgt.com.

ACOUSTIC MUSIC JAM

David Zook zookmd@comcast.net

ACRYLIC CLUB

Joann Wasylenko wasylenko 1003@comcast.net

BBQ CLUB

Jeff Karasyk & Marc Slutsky vbbarbq@gmail.com

BELLA ITALIA CLUB

Tony Carrano tonini612@yahoo.com

BOOK CLUB

Donna Ewald daewald@comcast.net

BRIDGE-PAIRS/COUPLES

Bonnie Elberson elbersonb@gmail.com

BRIDGE-SINGLES

Bonnie Elberson elbersonb@gmail.com

BUNCO

Club Leader Wanted

CANASTA

Lucy Ragone metweety58@gmail.com

CANASTA - COUPLES

Carol Weisberg carolw@tetragonia.com

CIGAR CLUB

Ron Masella ronmasella4474@gmail.com

CORVETTE CLUB

Marc Levy mslevy 13237@gmail.com

CRIBBAGE

Paul Selinger paulselinger@gmail.com

CROQUET CLUB

Ron Masella ronmasella4474@gmail.com

DOG CLUB

Hal Ornstein AOV999@Verizon.net

EUCHRE CLUB

Sharon Aamoth wasa79@aol.com

FISHING CLUB

Jerry Baum jbaum 1582@aol.com

FOLK SINGERS CLUB

Robert London Rlondonmd@aol.com

GAME NIGHT CLUB

Joy Snow joysnow0403@gmail.com

GOLF CLUB

Roger Ciarleglio rciarleg@comcast.net

HAND AND FOOT

Joy Snow joysnow0403@gmail.com

HOLISTIC WELLNESS CLUB

Kami Auld kamiami@comcast.net

ICLUB

Carol Schweigert caschwe 1 @yahoo.com

JEWISH CULTURAL CLUB

Amy Young younga321@aol.com

KARAOKE CLUB

Nicky Mendolia jmendoli@gmail.com

LADIES' LUNCH BUNCH

Louise La Sala loula22828@msn.com

LEFT, RIGHT, CENTER

Susan Miranda simir@aol.com

MAHJONGG - ADVANCED

Ann Marie Dorsey dorse2@aol.com

MAHJONGG - SOCIAL

Sherry Stokes Mamastokes99@gmail.com

MAHJONGG - CHINESE

Joy Snow joysnow0403@gmail.com

MAHJONGG - SIAMESE

Lucy Ragone metweety58@gmail.com

MEN'S CLUB OF VB

Steven Berk dakatie@aol.com

PERFORMANCE CLUB

Celia Couture Cooch 1950@gmail.com

PHILANTHROPY CLUB

Club Leader Wanted

PHOTOGRAPHY

Anthony Lorenc alorenc 10@outlook.com

PINOCHLE CLUB

Bobby Berman robb269@gmail.com

POKER

Steven Berk dakatie@aol.com

POTTERY CLUB

Tami Wolfe twolfe5980@gmail.com Louise Soderlund lesoderlund2@gmail.com

ROCK N' ROLL CLUB

Jack Ewald jackewald@comcast.net

SCRABBLE CLUB

Joanne Baschinsky Jocalc2@gmail.com

SCUBA DIVING CLUB

Al Notabartolo anotabar@yahoo.com Patty Doran iwcwebbo@aol.com

SEWING CLUB

Laurie Shuss quartet20@yahoo.com

SOLO SINGLES CLUB

Ann Ciccarelli annc 1 422@gmail.com

SPORTS WATCH CLUB

Jeffrey Karasyk vbsportswatch@gmail.com

STITCHES CLUB

Barbara Sherman barbararsherman@comcast.net

TEXAS HOLD'EM

Steven Berk dakatie@aol.com

TRAVEL CLUB

Greg Shuss gregshuss@yahoo.com

WATERCOLOR PAINTING

Joann Wasyenko wasylenko 1 003@comcast.net

WHISKEY CLUB

Marc Slutsky marc_slutsky@yahoo.com

WRITER'S CLUB

Slyvie Heyman heydrsylvie@gmail.com