



RECREATIONAL FACILITY

8190 Paradise Bay Avenue Boca Raton, FL 33496

LIFESTYLE

Daniella Caro • Lifestyle Director (561) 617-9021 Ext. 203 Lifestyle@lotusrec.com

PROPERTY MANAGEMENT

GRS Management Company

Dawn Acovino • Property Manager

GRS Management Company

(561) 617-9021 Ext. 201

Dacovino@grsmgt.com

Gigi Decesari • Administrative Assistant

gdecesari@grsmgt.com

(561) 617-9021 Ext. 202

TENNIS PRO SHOP

Director@Lotusracquetclub.com
(561) 617-9021 Ext. 204

Alessio lannozzi • Director of Racquets
Claudio Adolfssen • Tennis Pro
William Ljungstrom • Tennis Pro
Amir Evgamukov • Tennis Pro
Ed Schmitt • Pickleball Pro
Sarah Hurley • Pickleball Pro

LUNA BISTRO RESTAURANT

Sam LoPiccolo • Operator/Executive Chef **Joe Alfero** • Front of House Manager (561) 617-9022 Lunabistro@lotusrec.com

A LETTER FROM YOUR HOA PRESIDENT



Dear Lotus Homeowners,

e had an exciting Summer here at Lotus as we recently sold the 12 model homes here at the sales office Model Row! They will be closing next year when we move off site. We are also building two new models, the Santo Grand, which is being built in the Palms Parcel, and the Bermuda model, which is located at the end of the current model row. We

are projecting these two new models will be complete by the end of the year. We are making great progress on our last few parcels of production homes and have just under 180 homes left under construction. We have welcomed over 610 homeowners to the neighborhood and continue to welcome on average 22 homeowners per month!

Thank you all for your continued participation in the community events! We love seeing everyone come out and gather together! This is the best way for the community to grow! Please be sure to join the Facebook page, follow us on Instagram and check your emails for the most up to date social activities occurring in the neighborhood!

Thank you all again for your continued support of our beautiful community!

All my best,

KARA BABCOCK

Project Manager and HOA President

STAY CONNECTED!

Visit us at **www.lifestyleatlotus.com**. Here you will be able to pay for events, make dinner reservations, and more! Don't miss out on staying connected with your community!



Lifestyle at Lotus



@Lifestyleatlotus@Lotusracquetclub



FROM YOUR **LIFESTYLE DIRECTOR**



Dear Residents,

hope everyone had a wonderful summer filled with amazing memories! I want to wish all the children a stress-free start to their school year! As we approach the holiday season, we will have many events for you and your guests to attend, some of which include

a Labor Day Pool Party, Laser Tag, Karaoke Night, Character Dinner, Adult Halloween Costume Party, Kids Halloween Party and more! We encourage you to invite your family and friends to join in on the fun here at Lotus!

Please keep in mind that your RSVP's are very important, otherwise events can be cancelled without enough resident participation. You will receive reminders in my weekly e-mail blasts which are emailed out every Monday regarding events. There will be easy payment buttons included in those e-blasts for your convenience. If you haven't done so already, please visit www.lifestyleatlotus.com to receive information regarding HOA Events, Clubs, Tennis & Pickleball, Luna Bistro menus and events, and more! E-mail me if you need assistance gaining access to the community website.

My office hours are Monday through Friday from 9:00 a.m. to 5:00 p.m., I encourage all of you to stop by my office to introduce yourselves to me, provide feedback, and share ideas! My door is always open! I look forward to meeting you all!

Best regards,

DANIELLA CARO
Lifestyle Director

FROM YOUR PROPERTY MANAGER



Dear Lotus Family,

can't believe it's back to school already! Summer went by so fast! I look forward to all the upcoming holidays and some cooler weather! Our community is sure filling up quickly as we welcome over 600 families to Lotus!

We have so many exciting events coming up and our tennis teams will begin their second season! Luna Bistro will be having some exciting fall events so be sure to make your reservations.

The management team, which includes Gigi and myself, are here to assist you with all your property management needs. My role as your Property Manager is to work with you and your Board of Directors to facilitate all association and homeowner business. We are also here to assist you with all HOA related matters including barcodes, key fobs, architectural applications and more.

Be on the lookout for weekly e-blasts from your Lifestyle Director, Daniella Caro, as well as my community updates every Friday. These emails are meant to provide you with the most current information throughout the community.

As always, Gigi and I are here to assist with all HOA matters. If you have any questions or concerns or just want to stop by and say hello, our office is located across from the indoor Sports Court. The staff here at The Clubhouse & Racquet Center are here to make your living experience that much better so don't hesitate to reach out!

Sincerely,

DAWN ACOVINO HOA Property Manager



lubs are a great way to meet your neighbors and make new friends with the same interests as you! Our clubs are just getting started and we would like to know what clubs you are interested in. Below is a list of clubs we are in the process of getting started. Please e-mail Daniella if you are interested in joining any clubs. Once a club leader is established and advertised, you will contact the club leader for all club information. We hope to see you get involved and make lifelong friendships here at Lotus!

BOOK CLUB

Are you an avid reader? This club is for you! This club picks one book a month and meets to discuss the details of the book they are reading. This club is for both men and women. If you are interested in joining, contact Rosalind Russo at rosebud121530@gmail.com or (718) 570-6874.

CANASTA CLUB

The Canasta Club is ready to play and is looking for others to join in! This club meets every Monday from. Join today by contacting Valerie Izquierdo at vizzy2997@gmail.com or (954) 682-1494.



DINING CLUB

Enjoy each other's company while enjoying food and drinks together! This club will get together on a monthly basis, whether you meet at Luna Bistro or other restaurants in town. This club is in the process of forming and once a club leader is established, all members will be contacted. E-mail Daniella, your Lifestyle Director, to join this club today!

EXECUTIVES CLUB

The Executives Club will meet every month and will focus on business networking and business education. This club is in the process of forming and once a club leader is established, the club will begin meetings. E-mail Daniella, your Lifestyle Director, to join this club today!

LADIES' BUNCO CLUB

Come join the Ladies Bunco Club for a fun girl's game night! This club meets the second, third and fourth Tuesday of every month in the Card Room. Email Lisa O'Connor at lisaoconnor1969@gmail. com or (617) 755-1038 to join this club!



LGBTQ+ CLUB

The LGBT club aims to create a safe, friendly, and fun environment where individuals can partake in activities such as game night, dinners, social events and more! This club is in the process of forming and will have a member meeting to discuss when the club will meet from month to month. If you are interested, email your Lifestyle Director Daniella to join this club.



MAHJONG CLUB

The Mahjong Club meets every Tuesday in the Card Room. If you would like to join the fun, email Leslie Sherman at leslunna@aol. com or (516) 314-9648. We look forward to seeing all the Mahjong players there!



MEN'S BASKETBALL (21+)

Calling all ballers! This club will be a competitive and friendly way to get together for a good workout. We plan to have weekly gym time with a consistent game every week. The club will focus on friendly competition and is open to adults 21+. E-mail Julian McKean at lotusclubbasketball@gmail.com or call at (845) 642-9041 to join this club today!

MEN'S BASKETBALL (50+)

Come hoop it up! This club will meet once a week in the Sports Court for a friendly competitive game of basketball and is open to adults 50+. E-mail Michael Halpern at michael.halpern@icloud.com or call at (631) 338-4218 to join this club!



GOLF CLUB NEW

Whether you are a beginner or an avid golfer, this club is for you! if you are interested in joining contact the Club Leader, Albert Sherman at albeepop@gmail.com or (516) 314-9647.



MEN'S POKER CLUB

Bring your poker face! If you're looking to play a great game of poker the Men's Poker Club is the place to be! This club will meet consistently once a week in the card room. If you are interested, please e-mail the club leader, Marc Fine, at marc@ appleinsurance.com or call (561) 350-4812 to join this club.

MOMMY & ME CLUB

Do you have children three and under? If so, this is the club for you! This club will boast a variety of activities and events for moms and toddlers. From sensory bin making to tea parties and more! If you are interested in joining, contact Alexis Antonelli at Lotusmommyandme@gmail. com or (732) 850-8600 to join today!



PHILANTHROPY CLUB

If you are looking to make a difference in our community, then look no further! Being a part of this club is very rewarding and we would love your help! This club is in the process of forming and once a club leader is established, the club will meet to discuss what direction to take the club. E-mail Daniella, your Lifestyle Director, to join today!



RUNNING CLUB

Whether running is a part of your weekly exercise routine, or you would like to start incorporating running into your workout, this is the club for you! We have a group that wants to start running and is looking for others to run with them. This club is in the process of forming and will meet to discuss details of this club. E-mail Daniella, your Lifestyle Director, to join this club.



WINE CLUB

Hello wine enthusiasts! The most entertaining way to learn about wine is to create a tasting. The more you know about wine, the more rewarding the tasting will be! Even if you are a neophyte, your experience will be enjoyable. If you are interested in joining this club, contact Jerel Levenson at thelotuswineclub@gmail.com or (732) 887-4622. Salute!

WOMEN'S CLUB NEW

The Women's Club has been formed and will be hosting monthly events for everyone to enjoy! Some of these events will include happy hours, lunches, dinners, game nights, and more! if you are interested in joining, contact Debi Schuman at lotuswomansclub@yahoo. com or (516) 840-1433 to join today!

WOMEN'S GOLF CLUB

Come join this club for some fun social time with the girls! We will play at local golf courses and enjoy lunch afterwards! This club is in the process of forming. Once a club leader is established, this club will get together with its members to discuss details. E-mail Daniella, your Lifestyle Director, to join this club.



60+ CLUB

This club is perfect for mature men and women wanting to socialize with their neighbors! The 60+ club will get together monthly for events such as lunch, bowling, parks, breakfast, coffee, museums, game nights and more! Contact Marcy Cohen at marcycohenlotus@gmail.com or (561) 573-4460 to join today!



INTERESTED IN STARTING A CLUB?

If you are interested in joining any of these clubs, please contact Daniella Caro, the Lifestyle Director. If you want to start a club that isn't listed, e-mail Daniella. Please note the difference between an HOA Event put on by the Lifestyle Director and a club event that is created by club members. The Lifestyle Director will collect money for any HOA Event but not for club events. If you have any questions, please e-mail Daniella lifestyle@lotusrec.com

LABOR DAY Pool Party



Monday, September 5th ● 12:00 – 4:00 p.m.

Join us for a fun Labor Day celebration with a DJ playing music on the pool deck and games to enjoy! We will also have a 20-foot Water Slide for both kids and adults in our grassy area near the kids' playground! A special buffet menu will be offered from 12:00 - 3:00 p.m., the menu can be found on the Lotus Lifestyle website (www.lifestyleatlotus.com). Buffet Wristbands can be picked up at Luna Bistro once paid online. Please keep in mind no refunds will be given once paid. Bring your friends and family for this fun event! Wristbands will also be given in order to use the waterslide and can be picked up at Daniella's office Thursday, September 1st or Friday, September 2nd from 10:00 a.m.-1:00 p.m. & 3:00-5:00 p.m.



LASER TAG

Friday, September 16th • 7:00 – 9:00 p.m. \$30 per person

Come join us in the Sports Court for a fun game of laser tag with your friends! We will have 19 bunkers set up with the lights out for an even cooler effect! There will be 16 kids playing at a time in 2 teams of 8. There will be ongoing games from 7:00-9:00 p.m. each lasting 5-10 minutes. This event is for ages 8 & up. A minimum of 24 kids is required in order to hold this event.

KARAOKE PARTY NIGHT

Friday, September 23rd • 8:00 – 10:00 p.m. • \$15 per person



Come spend your Friday night singing your favorite songs. A DJ will be playing your favorite party songs to dance the night away while no one is singing. Luna Bistro will be providing a cash bar as well as a special bites menu you can order from at a separate cost.







Come bring your family and friends to this fun dinner at Luna Bistro! The kids will enjoy a special appearance from Moana and Spiderman! Feel free to come dressed in your favorite princess and superhero outfits. These are great picture taking opportunities for the entire family! There is limited seating so be sure to make your reservations online with the Open Table link to ensure you have a table for the character dinner! Characters are being sponsored by the HOA and Luna Bistro. We hope to see you there!

RSVP INFORMATION

In order to RSVP for events, you must go online and pay! Please visit www.lifestyleatlotus.com or use the payment button in the weekly e-blasts. On the community website, please visit the Lifestyle tab and click on the HOA Events sub tab. We use Square to collect payment however, you do not need a square account to pay. Simply specify the quantity and click pay with credit card for a one-time payment. Please e-mail Daniella if you have any questions. Kindly RSVP by the event deadline otherwise events will be subject to cancellation if the RSVP minimum isn't met.







ADULT COSTUME PARTY

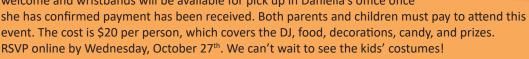
Saturday, October 29th • 7:00 – 11:00 p.m. • \$75 per person

Come join your neighbors and friends at this fun evening for adults only! There will be a DJ playing your favorite dance music, as well as Halloween-themed music throughout the event. Luna Bistro will have passed hors d'oeuvres, supper by the bite, and desserts throughout the evening, as well as a four-hour premium open bar. We will have various costume contests throughout the night, so come dressed to impress! The cost is \$75 per person and guests are welcome! RSVP online by Tuesday, October 26th. We can't wait to see everyone's costumes!

KIDS' HALLOWEEN PARTY

Monday, October 31st • 4:00 - 6:00 p.m. • \$20 per person

Come to the Clubhouse to get the kids' Halloween night started with a fun party before they go trick-or-treating in the neighborhood! We will have a DJ playing fun Halloween-themed music. Luna Bistro will be passing out food plates and they will also have a beverage stand. Passed food will include chicken fingers, pizza, hamburgers, mac and cheese, fries and more. We will have costume contests for three different age groups. Each child will receive a goody bag upon check-in. Guests are welcome and wristbands will be available for pick up in Daniella's office once





FITNESS



FROM YOUR FITNESS VENDOR

Dear Residents,

otal Health Systems (THS) is excited about the opportunity to build a successful fitness program here at Lotus. THS is bringing a highly qualified staff to Lotus, and we can't wait to start! I am delighted for you to check out the Yoga & Body Sculpting classes we are starting with. As time goes on, we will be offering additional programs and services so be on the lookout in our weekly e-blasts. I look forward to meeting you all soon! Here's to making your Lotus Clubhouse and community the best around!

I encourage everyone to come out to our classes and/or sign up for personal training. If you are not ready to do either, then just stop by to say hello. It has been a tough 2 years for everyone. Let's get out of the house and start moving again in the beautiful facilities here at Lotus!

I look forward to meeting all of you.

Wishing everyone good health,

MARNI RUDNICK Total Health Systems

TOTAL HEALTH SYSTEMS CONTACT INFORMATION

Phone: (561) 962-4344 • Email: info@totalhealthsystemsinc.com

Advanced registration is required for all classes. Please visit the community website, and under the Fitness tab you will find the direct link to sign up for all fitness classes!

If you have any questions, please contact Total Health Systems at info@totalhealthsystemsinc.com or (561) 962-4344.



Total Health Systems trainers will help you determine the exercise regimen that will be most effective in helping you reach your fitness goals all while developing greater flexibility, strength and endurance.

60-MINUTE SESSIONS

15 Sessions	\$975.00	\$65.00/hr
10 Sessions	\$700.00	\$70.00/hr
3 Sessions	\$225.00	\$75.00/hr

30-MINUTE SESSIONS

10 Sessions	\$500.00	\$50.00/½ hr
3 Sessions	\$150.00	\$55.00/½ hr

FITNESS CLASSES

Fitness classes will start back up in August once everyone returns from their summer vacations! Daniella, your Lifestyle Director, will send an email out once August fitness classes have been established. In the meantime, check out our personal training packages!



FROM YOUR **DIRECTOR OF RACQUETS**

Dear Residents,

he summer months are now behind us, and we are looking forward to some cooler days ahead on the courts at Lotus. Now is the time to grab your

racquet and hit the courts to play and meet all your neighbors. It is my pleasure and privilege to be the Director of Lotus and to develop an amazing tennis and pickleball program that has something for everyone regardless of age or level.

Lotus will continue to participate in the Dink Master League with no age restrictions for the Fall season. This pickleball league consists of a night men's division and day league for women. Matches are played at Lotus and away at other local clubs. We strongly encourage all residents that would like to represent Lotus and be a part of this wonderful team atmosphere to reach out by email proshop@lotusracquetclub.com for more information and to register.

Juniors are back on the courts every afternoon after school in the Future Stars, Junior Challengers, and Top Guns programs. Children ages 4-16 enjoy learning and improving on basic tennis skills in a fun, caring, and safe environment adapted to their needs. Advanced junior players train for teams and tournaments.

Our ladies of Lotus will continue to represent the community in the SPBCWTA tennis league for the 2023 term. Fresh off a winning 2022 season, these ladies have practiced hard and are ready for competition against other local clubs in the area this Fall. Spaces are still available for residents to join a fantastic team and be a part of the action. Contact the proshop by email proshop@ lotusracquetclub.com for more information about this opportunity.

The men of Lotus are hitting the courts in the Palm Tennis night league every Thursday and are aggressively competing against nine other local tennis clubs. The courts are buzzing with energy and excitement!

Lotus Racquet Club has something for everyone regardless of age and/or level seven days each week. All Lotus coaches are professionally certified and eager to help you with your game. The Lotus professional staff prides itself on creating a supportive and encouraging environment with their positive attitudes, endless enthusiasm, and inspiring children and adults to reach their best every time they step onto the court.

We specialize in customized packages focusing on your convenience and needs. Check out our website www.LotusRacquetClub.com for information regarding private lessons, clinics, events, and much more. If you have any questions about any programs, please send an email to director@lotusracquetclub.com

ALESSIO IANNOZZI

Director of Racquets



GET TO KNOW ALESSIO

Born in Rome, Italy, Alessio Iannozzi moved to Florida in 2011. Recruited by Lynn University to compete for the nationally ranked tennis team under a full scholarship, Alessio was successful on the court and in the classroom earning his undergraduate degree in International Business and obtaining a master's degree in Finance, graduating with honors.

Alessio has been actively involved in creating and building new tennis programs for GL communities since 2015. He has successfully implemented adult and junior programs at The Bridges and Seven Bridges. He is IPTPA and USPTA certified. Lotus has developed a full junior and adult program with teams, events, and clinics for all residents. Alessio's goal is to continue to create a fun-filled family environment where players of all ages and levels can feel comfortable and maximize their potential. His strong background, education and teaching/coaching abilities are a great asset for Lotus Racquet Club.

TENNIS & PICKLEBALL EVENTS



Saturday, September 3rd ● 9:00 – 10:30 a.m.

Get Excited for the Lotus Junior Program by joining us for a FREE kickoff party! Juniors ages 4-16 are invited to attend this fun morning and take to the courts to meet the fantastic Lotus professional staff. Enjoy fun games and drills followed by the Kona Ice truck delivering delicious and refreshing treats! Spaces are limited for this free fun event to the first 30 registrants.

Guests of residents are welcome for a \$20 event fee.

Sign- up today! Visit www.LotusRacquetClub.com



Saturday, October 22nd ● 8:00 a.m.

Join us for a fantastic morning of competitive play and socializing with your neighbors on Saturday, October 22nd 8:00 a.m. This event is the 1st pickleball championship open to levels 3.0 and higher at beautiful Lotus. The registration deadline is Sunday, October 8th. This tournament will consist of a men's and women's main bracket with a back (consolation) bracket. Each resident is invited to sign up with a partner and is guaranteed a minimum of 2 matches. Should you need help finding a partner, please call the Pro Shop. Matches will be 1 game only except the finalists will play a 2 out of 3 games format. Prize money and trophies for winners. Drinks and energy snacks will be provided throughout the event. This event is open to residents, future residents, member's guests (for an additional fee), and immediate family members.

FALL WEEKLY SCHEDULE

MONDAY

8:30-10:00 a.m. • SPBCWTA Tennis Intermediate/Advanced Level Clinic 10:00-1:00 p.m. • Tennis & Pickleball Lessons 6:30-8:00 p.m. • Claudio's Tennis Co-ed workout

TUESDAY

8:30-10:00 a.m. • SPBCWTA Tennis Beginner/ Intermediate Level Clinic 10:00-1:00 p.m. • Pickleball Women's Dink Masters League 4:30-5:15 p.m. • Tennis Future Stars ages 4-6 5:30-6:30 p.m. • Tennis Junior Challengers ages 6-12 6:30-8:00 p.m. • Sarah's Under the Stars Pickleball Clinic

WEDNESDAY

8:30-10:00 a.m. • Pickleball Women's Dink Masters Clinic 10:00 a.m.-1:00 p.m. • Tennis & Pickleball Private Lessons 4:30-5:15 p.m. • Tennis Future Stars age 4-6 5:30-6:30 p.m. • Tennis Junior Challengers ages 6-12 6:30-8:00 p.m. • Pickleball Round Robin

THURSDAY

8:30-10:00 a.m. • SPBCWTA Tennis Advanced /Elite Level Clinic 8:30-10:00 a.m. • Pickleball Clinic 101 4:30-5:30 p.m. • Tennis Junior Challengers ages 6-12 5:30-6:30 p.m. • Tennis Top Guns ages 12-16 6:30-8:30 p.m. • Pickleball Dink Masters League 8:00-9.30 p.m. • Men's King Division Palm Tennis

FRIDAY

9:00-10:00 a.m. • William's Cardio Tennis Clinic 10:00 a.m.-1:00 p.m. • Tennis & Pickleball Lessons 3:30-7:30 p.m. • Tennis & Pickleball Lessons

SATURDAY & SUNDAY

All courts open for social play reservations Private lessons for residents available by request

PRO SHOP HOURS

Monday - Friday • 8:00 a.m. - 1:00 p.m.

All clinics and events require reservations at least 24 hours in advance and a 24-hour cancellation policy applies. A minimum of three players are required in order for the adult or junior clinics or events to occur.





South Palm Beach County Women's Tennis Association

Established in 1990, the South Palm Beach County Women's Tennis Association is the most popular and prestigious league in South Florida. Levels range from advanced beginners to former top ranked professionals playing weekly in a structured match format. Matches consist of both home and away games and the season runs from early fall to late spring. Participation in this league provides a wonderful opportunity to play competitive tennis and represent your community. Lotus is thrilled to be a part of the SPBCWTA. We currently offer team practices per week for Advanced Beginners, Intermediate/Advanced, and Advanced Elite.

Tennis & Pickleball Lessons

Lotus is proud to offer lessons with certified and caring professionals 7 days per week! Instruction is available for all ages and levels for private, semi-private, and groups. Private lessons ensures that beginners learn the proper technique and advanced players can perfect their skills. Residents can request a lesson on the Lotus website or play by point app.

Claudio's Tennis Workout

Coach Claudio has designed a clinic geared to men and women that have interest in a great tennis workout in the evening. Are you busy at work all day or do you want to add an additional tennis drill to your schedule? Couples- would you like to spend time on the court together? This clinic is for you! Open to all players with previous experience and know the basics of the game. Hit lots of balls, focus on forehand and backhand technique, and get a great workout. Registration for each session is required 24 hours before the class start time. Cost \$30

Dink Masters League

This is the first Pickleball League in Palm Beach County with no age restrictions and a unique format. Created by our Director of Racquets and other local Directors of distinguished communities in the area, the goal of Dink Masters is to provide fun competitive pickleball for residents while representing their respective communities. Residents of Lotus are having a great time while developing new friendships, improving their game, and playing quality matches in the neighborhood and surrounding clubs. We currently offer this program for a variety of levels including Division 1, 2 and a Women's only division.

Sarah's Under the Stars Pickleball Clinic

Join the Lotus Pickleball scene every Tuesday evening from 6:30 – 8:00 p.m. This coed clinic is designed for advanced beginners to intermediate <u>levels that have completed the Introduction to Pickleball class or have been taking private lesson</u>. Players should be familiar with the scoring system and positioning on the court. Sarah Hurley, our fantastic Lotus Pickleball Professional, will be focusing on improving your baseline game, put away shots, and dink shots. Many players have requested another evening of Pickleball and it's now available! The cost is \$30. For this event to occur, a minimum of 2 players (1 hour only) must be registered. Registration of 3 or more players the clinic will be 1.5 hours. Spaces are limited. Sign up today and join the fun!

Women's Pickleball Dink Masters Clinic

This is an exclusive program for rostered team players dedicated to competing and preparing for the Dink Master's Day team. To get ready and be at our very best, our pro staff will focus on techniques, double strategies, building partnerships, and live play. This program is designed to ensure commitment, quality, camaraderie, and constant development

as we compete in the Dink MastersWomen's Day league. Cost \$30.

Pickleball Round Robin

This tournament style event allows men and women to sign up as individuals and the professional will set up teams. The format includes match play to 11 points rotating partners each round. Players should be familiar with the scoring system and level appropriate for match play. Registration for each session is required 24 hours before the class start time. You must book your reservation on our website and pay in advance to participate. Cost \$10.

Pickleball clinic 101

This program is designed for players that have limited prior experience and are looking to play this amazing sport!
Coaches will teach players everything they need to know from basic skills, court positioning, technique, strategy, and scoring. Registration for each session is required 24 hours before the class start time. Cost \$30



Men's King Division Palm Tennis

The goal of Palm Tennis Men's King Division is to provide a competitive night league for the men of South Florida. Each season runs 14 weeks in length and matches are played on Thursday evenings. The King Division is for men rated 4.5 (advanced) or higher. Typically, 10-14 teams from other clubs compete and awards are given for the top 2 teams. Competitive match play and sportsmanship have proven successful for the Lotus Men's King team.

William's Cardio Clinic

Coach William designed a new fun cardio clinic to get your feet and body moving! Make your heart pump in this fast-paced drills featuring music, games, anymore. Emphasis on keeping your feet moving and having competitive fun. Hit tons of balls while focusing on elevating your heart rate from fat burn, cardio to peak levels. Join William every Friday from 9-10:30 a.m. Cost: \$25 • Registration for each session is required 24 hours before the class start time. You must book your reservation on our website www.lotusracquetclub.com

The Lotus Junior Program

Designed as a 10-week program to ensure commitment, quality, and improvement. To register you must select at least 1 day per week for the entire 10-week session when you complete your booking. It needs to be the same day(s) each week over the course of the 10-week program. Upon conclusion of the session, if you have had rain outs that you were unable to reschedule or a notified

illness, classes can be carried over to the next session. Rain days will be announced 1 hour prior to the class start time, and a credit will be issued in case of weather conditions. If you are rained out of your class, you will have the option to select another class day for that week. Custom price packages available based on attendance.

Tennis Future Stars age 4-6

This program is created to introduce tennis to your 4–6-year-old with our fun and exciting approach! In our Future Stars class, your up-and-coming tennis players will develop hand-eye coordination along with motor skills through tennis inspired games. Junior low pressure red dot tennis balls are used to maximize a successful experience for your junior.

Tennis Junior Challengers ages 6-12

Designed to build upon the fundamentals in a fun and educational way for children ages 6-12. Children will learn and improve on basic tennis skills in a fun, caring, and safe environment adapted to their needs. A modified tennis court, low pressure balls, among other training tools help to create an overall positive experience for your junior.

Tennis Top Guns ages 12-16

This program is geared to all teenagers, from beginners to advanced players who are new to competitive match play. We require the student to know just the basic strokes and we will further develop and focus on the following: serving, competition, matches, rules, and fun team building exercises.



A FEW REMINDERS

- Please wear proper attire and appropriate shoes
- Please wash and brush shoes from the clay courts before entering hard courts/ pickleball
- Pets, bikes, strollers, rollerblades, and non-tennis athletics are not permitted on the courts
- Reservations are always required for social play- please list all players playing with full names
- Only teaching professionals on the Lotus staff can give any type of instruction





Sam LoPiccoloRestaurant Operator/Executive Chef



Joe AlferoFront of House Manager
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FROM YOUR RESTAURANT OPERATOR

Crystal Bay Catering Company has been selected to be the food and beverage service operator at the clubhouse.

Dear Residents,

I would like to express my gratitude in the support of the Luna Bistro restaurant. In this short time, I have had the opportunity to meet such wonderful families in the community as well as get your feedback and suggestions. We will continue to grow with the community and offer you ever-changing cuisines and events for the whole family.

Due to limited availability for dinner nights and weekend lunches it is best that you make reservations on the Open Table link provided on the Lotus community website (www.lifestyleatlotus. com), this will also be linked with all the special event menus offer. We strongly encourage you to utilize this feature due to limited seating.

We appreciate all the feedback that we are receiving from the residents to make Luna Bistro the best community restaurant around. In listening to your feedback, we will continue to make changes to accomplish this goal. We encourage you to email us directly anytime at Lunabistro@Lotusrec.com . We would love to hear your input!

Respectfully,

SAM LOPICCOLO

Restaurant Operator/Executive Chef

PRIVATE EVENTS AT THE CLUBHOUSE

Exclusive and custom event packages are offered by Luna Bistro from appetizers, buffets, and plated dinners, the choices are endless and fully customized for each event.

Luna Bistro catering is exclusive to Lotus residents and is available in the Lounge or the Party Pavilion.

To reserve the Lounge or Party Pavilion, please contact your Lifestyle Director, Daniella Caro.



Upcoming events at Luna Bistro to mark down on your calendar...

Meet The Neighbors

Wednesday, September 14th

Ladies Night

Wednesday, September 28th

HOURS OF OPERATION

MONDAY & TUESDAY
CLOSED

WEDNESDAY

11:30 a.m. – 2:30 p.m.

THURSDAY

Lunch – 11:30 a.m. – 2:30 p.m. Family Dinner – 5:00 – 8:00 p.m.

FRIDAY

Lunch – 11:30 a.m. – 2:30 p.m. Family Dinner – 5:00 – 8:00 p.m.

SATURDAY & SUNDAY

Lunch – 11:30 a.m. – 2:30 p.m.

Happy Hour

Saturday & Sunday 3:30 – 6:00 p.m.































