

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



VALENCIA
AT RIVERLAND®

FUNTIMES

LEGEND

Sports & Racquet Club
Fitness & Wellness
Arts & Culture
Valencia Social Club

PB Open Play
TN: Open Play
Open Court Basketball
Ping Pong Open Table
Aqua Dance
Yoga
Ping Pong Open Table

Sunday Funday

Bingo

PB Open Play
TN: Open Play
Open Court Basketball
Ping Pong Open Table
Aqua Dance
Yoga
Ping Pong Open Table

Intro to Pottery
Bird Watching Club
Iron Ribeye with Garlic Herb Butter with Chef Deedra
Sound Bath Meditation with Denise Carraro
Wheel 101 with Melisha Santiago
Soulful Networking Club with Debbie and Dana

Bob Hope USO Tribute Show

PB Open Play
TN: Open Play
Open Court Basketball
Ping Pong Open Table
Aqua Dance
Yoga
Ping Pong Open Table

Mentor Monday
Law Enforcement- Fire Rescue- EMS Club
Garden Club
Wheel 101
Book Club
Beef Tenderloin Medallions with Chef Deedra
Get Up and Go Club

PB Open Play
TN: Open Play
Open Court Basketball
Ping Pong Open Table
Aqua Dance
Yoga
Ping Pong Open Table

Mentor Monday
Pan Seared Halibut with Chef Deedra
Wheel 101 with Melisha Santiago
Soundbath Meditation

TN: Women's 2.5 RR/PB Open Play
PB: 101 Academy/PB: 102 Academy (2.5-2.9)
PB: 3.0 Mini Clinic/TN: Open Play/PB: Madi's Mini (2.5+)/PB: DUPR Nights/Open Court Basketball S.W.T Challenge/Pilates Reformer*7 classes
HIIT (High Intensity Interval Training)
Barre/Spin *3 classes/Tai Chi/Yoga Stretch/Full Body Fit/Upper Body Attack (Circuit)/Aqua Fit (Level 2)
Chair Yoga/Low Impact Fit/Aqua Fit (B3)/Bungee Fitness/Open Court Basketball/Line Dancing/

Mentor Monday
Seared Diver Scallops with Chef Deedra
Riverland Fishing Club
Wheel 101 with Melisha Santiago
New Beginnings

Bingo

TN: Women's 2.5 RR/PB Open Play
PB: 101 Academy/PB: 102 Academy (2.5-2.9)
PB: 3.0 Mini Clinic/TN: Open Play/PB: Madi's Mini (2.5+)/PB: DUPR Nights/Open Court Basketball/S.W.T Challenge/Pilates Reformer*7 classes/HIIT (High Intensity Interval Training)/Barre/Spin *3 classes
Tai Chi/Yoga Stretch/Full Body Fit/Upper Body Attack (Circuit)/Aqua Fit (Level 2)/Chair Yoga
Low Impact Fit/Aqua Fit (B3)/Bungee Fitness/Open Court Basketball/Line Dancing/

Intro to Pottery
Bird Watching Club
Iron Ribeye with Garlic Herb Butter with Chef Deedra
Sound Bath Meditation with Denise Carraro
Wheel 101 with Melisha Santiago
Soulful Networking Club with Debbie and Dana

Bob Hope USO Tribute Show

TN: Women's 2.5 RR/PB Open Play
PB: 101 Academy/PB: 102 Academy (2.5-2.9)
PB: 3.0 Mini Clinic/TN: Open Play
PB: Madi's Mini (2.5+)/PB: DUPR Nights/Open Court Basketball/S.W.T Challenge/Pilates Reformer*7 classes
HIIT (High Intensity Interval Training)/Spin *3 classes
Tai Chi/Yoga Stretch/Upper Body Attack (Circuit)
Chair Yoga/Low Impact Fit/Aqua Fit (B3)
Open Court Basketball/Line Dancing
Open Court Basketball

Mentor Monday
Law Enforcement- Fire Rescue- EMS Club
Garden Club
Wheel 101
Book Club
Beef Tenderloin Medallions with Chef Deedra
Get Up and Go Club

TN: Women's 2.5 RR/PB Open Play
PB: 101 Academy/PB: 102 Academy (2.5-2.9)
PB: 3.0 Mini Clinic/TN: Open Play
PB: Madi's Mini (2.5+)/PB: DUPR Nights
Open Court Basketball/S.W.T Challenge
Pilates Reformer*7 classes/HIIT (High Intensity Interval Training)/Barre/Spin *3 classes
Tai Chi/Yoga Stretch/Full Body Fit
Upper Body Attack (Circuit)/Chair Yoga
Low Impact Fit/Aqua Fit (B3)
Open Court Basketball
Line Dancing/Open Court Basketball

Mentor Monday
Pan Seared Halibut with Chef Deedra
Wheel 101 with Melisha Santiago
Soundbath Meditation

PB Open Play /BB: Fall Bocce League
TN Drills, Skills & Strategy with Coach Bill - 3.0+
TN: Open Play/TN: Fundamentals w/ Bill
Open Court Basketball/S.W.T Challenge
Pilates Reformer*6 classes/Low Impact Fit
Step & Sculpt /Aqua Fit (Pilates)
Foam Roll & Stretch/Dance Fit/Bootcamp/Aqua Fit (Core & Cardio)/Stretch & Tone/Tone Up
Chair Yoga/Spin *2 classes/Bungee Fitness
Ping Pong Club/Yin Yoga /Corn Hole Open Play

Intro to Drawing with Rose Diem
Open Art Studio with Rose Diem
Prime Rib with Chef Robin
Voices of Valencia
Garden Club
Riverland App Training Class
Garden Club Meeting

PB Open Play /BB: Fall Bocce League
TN Drills, Skills & Strategy with Coach Bill-3.0+
TN: Open Play/TN: Fundamentals w/ Bill
Open Court Basketball/S.W.T Challenge
Pilates Reformer*6 classes/Low Impact Fit
Step & Sculpt /Aqua Fit (Pilates)/Foam Roll & Stretch
Dance Fit/Bootcamp/Aqua Fit (Core & Cardio)
Stretch & Tone/Tone Up/Chair Yoga/Spin *2 classes/
Bungee Fitness/Equipment Clinic/Ping Pong Club
Ping Pong Open Table/Yin Yoga /Corn Hole Open Play

Pickleball Dip and Chip Server with Brenda Donovan
Intro to Drawing with Rose Diem
Open Arts Studio with Rose Diem
Veal Oscar with Chef Robin
Voices of Valencia
Furry Friends with Myrna Sadowsky

Bingo
Riverland Connects - Block Party - Club Fair

PB Open Play /BB: Fall Bocce League
TN Drills, Skills & Strategy with Coach Bill - 3.0+/TN: Open Play/TN: Fundamentals w/ Bill
Open Court Basketball/S.W.T Challenge/Pilates Reformer*6 classes/Low Impact Fit/Step & Sculpt / Aqua Fit (Pilates)/Foam Roll & Stretch
Dance Fit/Bootcamp/Aqua Fit (Core & Cardio)/Stretch & Tone/Tone Up/Chair Yoga/Spin *2 classes/Bungee Fitness/Ping Pong Club/Yin Yoga /Corn Hole Open Play
Open Court Basketball

Intro to Drawing with Rose Diem
Riverland App Training Class
Open Art Studio with Rose Diem
Photography Club
Lobster Bolognese with Chef Robin
Voices of Valencia

Bingo
Riverland Connects - Block Party - Club Fair

PB Open Play /TN Drills, Skills & Strategy with Coach Bill - 3.0+/TN: Open Play
TN: Fundamentals w/ Bill/Open Court Basketball S.W.T Challenge/Pilates Reformer*6 classes
Foam Roll & Stretch/Dance Fit/Bootcamp/Aqua Fit (Core & Cardio)/Stretch & Tone/Tone Up
Chair Yoga/Spin *2 classes/Bungee Fitness/Ping Pong Club/Ping Pong Open Table/Yin Yoga/
Corn Hole Open Play

Intor to Drawing with Rose Diem
Open Art Studio with Rose Diem
Caprese Stuffed Portobello Mushrooms with Chef Robin
Voices of Valencia
Healthspan with Tony Deangelo

Singo

TN: Open Play/PB Open Play
Open Court Basketball/S.W.T Challenge
Yoga/Low Impact Fit/Pilates Reformer *6 classes
Core & More/Boxing Fit/Aqua Fit (Level 1)/Stretch & Tone/Stretch/Zumba Gold
Full Body Fit/Aqua Fit (Strength & Conditioning)
Pilates Reformer /Medium Impact Fit
Power Hour/Mat Pilates/Open Court Basketball
Aqua Fit/Spin/Zumba/Indoor Stick Ball

Lecture with Jason Alviene Working with Chronic Pain
Naturally/Craft and Chat
Handmade Pappardelle with Short Ribs
with Chef Deedra
Palette Knife with Rose Diem
Singles Club

Bingo

PB Open Play/PB: Drill & Play with Rene
PB: Dink for Pink/TN: Open Play
Bb: Let's Glow/Open Court Basketball
S.W.T Challenge/Yoga/Low Impact Fit
Pilates Reformer *6 classes/Core & More/Boxing Fit
Aqua Fit (Level 1)/Stretch & Tone
Stretch/Zumba Gold/Full Body Fit
Aqua Fit (Strength & Conditioning)
Barre Fusion/Medium Impact Fit
Power Hour/Mat Pilates/Open Court Basketball/Aqua Fit/Spin/Zumba /Indoor Stick Ball

Napkin Holder or Small Vase with Lorin and Karen
Creating Collages with Rose Diem
How to Make a Mug
Craft and Chat
Florida Grouper Meuniera with Chef Deedra
Breast Cancer Support Club

Trivia

PB Open Play/PB: Drill & Play with Rene
TN: Open Play/PB: Tournament Prep Boot Camp
Open Court Basketball/S.W.T Challenge
Yoga/Low Impact Fit/Pilates Reformer *6 classes
Core & More/Boxing Fit/Aqua Fit (Level 1)
Stretch & Tone/Stretch/Zumba Gold/Full Body Fit
Aqua Fit (Strength & Conditioning)/Barre Fusion
Medium Impact Fit /Power Hour
Mat Pilates/Open Court Basketball
Aqua Fit/Spin/Zumba /Indoor Stick Ball

Pour Painting with Rose Diem
Craft and Chat
Filet Mignon Au Poivre with Chef Deedra
Guitar Circle

Thirsty Thursday
Sunset Spritzers

PB Open Play/TN: Open Play
Open Court Basketball/S.W.T Challenge
Yoga/Low Impact Fit
Pilates Reformer *6 classes/Core & More
Boxing Fit/Aqua Fit (Level 1)/Stretch & Tone
Stretch/Zumba Gold/Full Body Fit
Aqua Fit (Strength & Conditioning)
Barre Fusion/Medium Impact Fit
Power Hour/Mat Pilates/Open Court Basketball
Spin/Zumba /Indoor Stick Ball

Palette Knife with Rose Diem
Craft and Chat
Roast Prime Rbi with Chef Deedra

PB Open Play/TN: Open Play
TN: Fundamentals w/ Bill
PB 101 Beginner Pickleball
Open Court Basketball/S.W.T Challenge
HIIT (High Intensity Interval Training)
Yoga/Spin *4 classes/Low Impact Fit
Barre/Pilates Reformer /Dance Fit/Aqua Fit (Level 2)
Mat Pilates/Low Impact Fit/ISO 60/Chair Yoga/Bungee Fitness/Chair Zumba/Ping Pong Club/Open Court Basketball/Ping Pong Open Table/Yin Yoga/
Aqua Dance

Advanced Pottery Glazing Class with Brenda Donovan
Water Color Painting with Rose Diem
Open Art Studio with Rose Diem

Riverland Green Market

PB Open Play/TN: Open Play
TN: Fundamentals w/ Bill
PB 101 Beginner Pickleball
PB: Gratitude Games Social/Open Court Basketball
S.W.T Challenge/HIIT (High Intensity Interval Training)
Yoga/Spin *4 classes/Pilates Reformer
Dance Fit/Aqua Fit (Level 2)
Mat Pilates/ISO 60/Chair Yoga
Bungee Fitness/Chair Zumba/Ping Pong Club
Ping Pong Open Table/Open Court Basketball
Ping Pong Open Table/Yin Yoga /Aqua Dance

Watercolor Painting with Rose Diem
Open Art Studio with Rose Diem
Riverland Quilting Club
Seafood Stuffed Bell Peppers with Chef Robin
Wine Club

Singo

PB Open Play
TN: Open Play/PB: Tournament Prep Boot
Camp/PB 101 Beginner Pickleball/Open Court
Basketball/S.W.T Challenge/
HIIT (High Intensity Interval Training)/Yoga/Spin *4
classes/Low Impact Fit/Barre
Pilates Reformer /Dance Fit/Mat Pilates
Low Impact Fit/ISO 60/Chair Yoga/Bungee Fitness
Ping Pong Club/Open Court Basketball
Ping Pong Open Table
Yin Yoga /Aqua Dance

Watercolor Painting with Rose Diem
Open Arts Studio with Rose Diem
Theatre Club
Riverland Fishing Club

Thirsty Thursday
Sunset Spritzers

PB Open Play
TN: Open Play

THANKSGIVING - NO GROUP FITNESS CLASSES

Thanksgiving Office Closed

TN Drills, Skills & Strategy with Coach Bill - 3.0+
TN: Open Play/TN: Open Play
PB: Madi's Mini Clinic (3.0+)/Open Court Basketball
S.W.T Challenge/Pilates Reformer *3 classes
Lower Body Blast/Stretch *2 classes
Pound/Medium Impact Fit/Upper Body Attack/
Bootcamp/Aqua Aerobics (Level 2)
Stability Ball Strength & Tone
Tone Up/Aqua Dance /Open Court Basketball

Crafting with Kelly- Snowman & Reindeer Blocks
Robins Birthday Party/Roasted Sea Bass
La Dolcen Vita Metting

Boy Band Evolution
Cabaret Night

TN Drills, Skills & Strategy with
Coach Bill - 3.0+/PB Open Play
TN: Open Play/PB: Madi's Mini Clinic (3.0+)
Open Court Basketball/S.W.T Challenge
Pilates Reformer *3 classes/Lower Body Blast
Stretch *2 classes/Pound/Medium Impact Fit/Upper
Body Attack/Bootcamp/Aqua Aerobics (Level 2)
Stability Ball Strength & Tone
Tone Up/Aqua Dance /Open Court Basketball

Pistachio Crusted Lamb Chops with with Chef Robin
Sip and Paint with Rita the Artist

Grove Resident Art Show

TN Drills, Skills & Strategy with Coach
Bill - 3.0+/PB Open Play/TN: Open Play
PB: Madi's Mini Clinic (3.0+)/PB: Tournament Prep
Boot Camp/Open Court Basketball
S.W.T Challenge/Pilates Reformer *3 classes
Lower Body Blast/Stretch *2 classes
Pound/Medium Impact Fit/Upper Body Attack/
Bootcamp/Stability Ball Strength & Tone
Tone Up/Aqua Dance /Open Court Basketball

New Parc Orientation
Sailboat GOG with Asia Westbrook
Seared Ahi Tuna Steaks with Chef Robin
Sip and Paint with Rita the Artist
Soundbath Meditation

Singo

PB Open Play
TN: Open Play
Open Court Basketball
Ping Pong Open Table
Aqua Dance
Yoga
Ping Pong Open Table

Open Court Basketball
Aqua Dance/Low Impact Fit
Pilates Reformer *3 classes/Full Body Fit
Mat Pilates *2 classes/Stamp It Out - Line Dancing
Vinyasa Flow Yoga/Ping Pong Open Table

PB Open Play
TN: Open Play
Open Court Basketball
Ping Pong Open Table
Aqua Dance
Yoga
Ping Pong Open Table

PB Open Play
TN: Open Play
PB: Welcome to Riverland
Open Court Basketball/Aqua Dance
Low Impact Fit/Pilates Reformer *3 classes
Full Body Fit /Mat Pilates *2 classes
Vinyasa Flow Yoga/Ping Pong Open Table

Mosaic Art: Sunflower Suncatcher with Asia Westbrook
Meals on the Fly with Chef Mel

Riverland Fall Festival

TN: Open Play
PB Open Play
Open Court Basketball
Aqua Dance
Low Impact Fit
Pilates Reformer *3 classes
Full Body Fit
Mat Pilates *2 classes
Stamp It Out - Line Dancing
Vinyasa Flow Yoga
Ping Pong Open Table

Veterans Meeting
Amuse Bouche Dinner with Chef Robin

Men's Casino Night

TN: Open Play
Open Court Basketball
Aqua Dance
Low Impact Fit
Full Body Fit
Stamp It Out - Line Dancing
Vinyasa Flow Yoga
Ping Pong Open Table

Nutrition Seminar with Pauline
Paiver Mosaic with Asia Westbrook

Health Fair
Edge Effect
Grove Resident Art Show
Derek Blake Guitar Legends

TN: Open Play
TN: Tom the Turkey Challenge
Open Court Basketball
Aqua Dance
Low Impact Fit
Pilates Reformer *3 classes
Full Body Fit
Mat Pilates *2 classes
Stamp It Out - Line Dancing
Vinyasa Flow Yoga
Ping Pong Open Table

Law Enforcement-EMS and Fire Club
Beaded Jewelry with Asia Westbrook
Paint the Masters with Rose Diem Starry Starry Night
Chef's Dinner with Chef Justin

Open Court Basketball
Aqua Dance/Low Impact Fit
Pilates Reformer *3 classes/Full Body Fit
Mat Pilates *2 classes/Stamp It Out - Line Dancing
Vinyasa Flow Yoga/Ping Pong Open Table

PB Open Play
TN: Open Play
Open Court Basketball
Ping Pong Open Table
Aqua Dance
Yoga
Ping Pong Open Table

